



(JAN 16, 2024) ORGANIZATIONAL GOVERNANCE AND LEGAL FOUNDATION REPORT: NGO REGISTRATION

Attribute	Detail
Event Title	Official NGO Registration (Trust Act)
Date	January 16, 2024
Venue	Sub-Registrar Office, Bommanahalli (Jayanagar), Bengaluru
Registration Detail	Trust Act (Book 4, BMH-4-00808-2023-24)
Founding Team Present	Sushmitha, Umar, Prakasha, Ramesh, Jai Bheem, and Mahendra
Core Focus	Establishing the legal framework and governance structure for all future activities.
Strategic Alignment	Organizational Excellence, Transparency, and Foundational Integrity.

1. STRATEGIC CONTEXT AND PURPOSE

The registration of Anveshane as a legal Trust on January 16, 2024, was the single most critical step in realizing the organization's mission. This process provided the necessary **legal identity and governance structure** that underpins all subsequent community service, capacity building, and advocacy work.

The primary purpose was to transition Anveshane from an informal collective to a **fully compliant and transparent non-governmental organization**, enabling it to formally collaborate with partners, manage resources, and legally protect its mandate. This act establishes the foundational commitment to **Organizational Excellence**.

2. KEY EXECUTION AND COLLECTIVE COMMITMENT

The presence of six core members at the Sub-Registrar office to furnish and complete all legal formalities symbolizes the collective commitment to the Trust's long-term vision:

- **Legal Compliance:** Successful registration under the Trust Act provides a recognized legal status, essential for credibility and formal collaboration within the NGO sector.



- **Team Commitment:** The joint effort required for this complex process cemented the foundational relationship and shared responsibility among the founding members (Sushmitha, Umar, Prakasha, Ramesh, Jai Bheem, and Mahendra).
- **Formal Governance:** The registration process dictates the creation of essential governance documents (Trust Deed), ensuring **transparency** and adherence to constitutional and democratic values in its operations.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

Impact Area	Measurable Outcome/Significance
Legal Status	Achieved formal legal recognition, essential for operating as a non-profit entity.
Credibility	Established immediate public and partner credibility, necessary for future collaborations (like PaNaSa, British Council, APD).
Organizational Foundation	Set the official start date and organizational structure, upon which all the five strategic pillars are built.
Sustainability	Created the necessary legal vehicle to pursue long-term funding and self-sustaining programs.

4. CONCLUSION AND FORWARD OUTLOOK

The successful registration on January 16, 2024, was the prerequisite for all of Anveshane's impact. It completed the 'zero-cost' startup phase of legal formation, allowing the organization to immediately pivot into the 'zero-cost, high-value' operational phase, beginning with the foundational workshops that same month.

Report Prepared by: Anveshane Team



**(JAN 20-21, 2024) FOUNDATIONAL CAPACITY BUILDING REPORT:
KUPPALI KAMMATTA**



Attribute	Detail
Event Title	Kuppali Kammata: Hosa Samajadattha Adhyayana Shibira (Study Camp towards a New Society)
Dates	January 20 - 21, 2024 (2 Days)
Venue	Kuppali, Shivamogga
Anveshane Participants	Mahendra, Lakshmi, and Sushmitha
Organizer	Lohiya Janma Shathabdi Prathisthana
Core Focus	Ideological training on sustainable living, social justice, and value-based political engagement (Lohiyaite principles).
Strategic Alignment	Constitutional Values, Psycho-socio-economic Development, and Capacity Building.

1. STRATEGIC CONTEXT AND PURPOSE

This two-day residential workshop serves as a **foundational ideological anchor** for Anveshane's volunteer efforts. By attending a program focused on building a "New Society" (Hosa Samajadattha), Anveshane ensured that its core team members were deeply immersed in principles of social justice, grassroots sustainability, and ethical political action.

The purpose was to **strengthen the intellectual capacity and value alignment** of key team members. This strategic investment of volunteer time, executed through the **Self-Sustaining Model**, ensures that all subsequent activities (from environmental protests to health camps) are guided by a consistent, value-based framework.

2. KEY PROGRAM EXECUTION AND KNOWLEDGE ACQUISITION

The intensive residential format allowed for deep engagement with the concepts:

- **Ideological Training:** The workshop provided comprehensive sessions on **sustainable living practices** and the tenets of **value-based politics**, offering practical knowledge that feeds directly into Anveshane's planning for zero-cost community programs.
- **Team Capacity:** Sending three core members (**Mahendra, Lakshmi, and Sushmitha**) ensured that the knowledge was immediately disseminated across multiple volunteers, strengthening the organization's internal leadership pool.

- **Networking:** The workshop fostered vital connections with the **Lohiya Janma Shathabdi Prathisthana** and other grassroots activists, expanding Anveshane's support network.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

Impact Area	Measurable Outcome/Significance
Value Alignment	Established a strong ideological base for all future Anveshane projects, ensuring consistency with principles of social justice and sustainability.
Internal Leadership	The knowledge acquired by three key members was leveraged for training other volunteers, creating a knowledge multiplier effect.
Sustainability Focus	Provided actionable frameworks for promoting environmental responsibility and self-sufficiency, supporting the Environmental Sustainability pillar.
Zero-Cost Capacity Building	Successfully acquired two days of intensive training for three members using the Self-Sustaining Model (time and engagement), maximizing organizational capital.

4. CONCLUSION AND FORWARD OUTLOOK

The Kuppali Kammata workshop was an essential first step in formalizing Anveshane's commitment to informed, value-driven social change. The learning acquired here provides the philosophical and practical basis for all documented activities throughout 2025.

Report Prepared by: Anveshane Team









(JAN 26, 2024) CONSTITUTIONAL VALUES & ALIGNMENT REPORT: REPUBLIC DAY

Attribute	Detail
Event Title	Republic Day (Constitution Day) Online Celebration
Date	January 26, 2024
Time/Platform	8:00 AM Online Session
Organizer/Facilitator	Anveshane Team (Facilitated by Jai Bheem)
Participants	All Anveshane Team Members
Core Activity	Reading the Preamble and discussing the practical application of constitutional values (Justice, Liberty, Equality, Fraternity) in daily life.
Strategic Alignment	Constitutional Values, Internal Capacity Building, and Organizational Alignment.

1. STRATEGIC CONTEXT AND PURPOSE

Celebrating Republic Day on January 26, 2024, by focusing on the Constitution's core tenets was a deliberate step to solidify Anveshane's ideological foundation. Coming immediately after the foundational **Kuppali Kammata** training (Jan 20-21), this event ensured all team members were explicitly aligned with the organization's commitment to **Constitutional Values** and social justice.

The purpose was to reinforce that Anveshane's grassroots action is **legally and ethically anchored** in the supreme law of the land, providing a guiding framework for all future decisions and advocacy campaigns. This was achieved through the **Zero-Cost, Internal Capacity Building** model.

2. KEY EXECUTION COMPONENTS AND ENGAGEMENT

The online format allowed for full participation from the entire team, regardless of location:

- **Preamble Reading:** The collective reading of the Preamble served as a powerful symbolic act of organizational commitment to the foundational values of India's Republic.
- **Value Integration Discussion:** The session focused heavily on the **translation of abstract constitutional values** into practical behavior, ethics, and project management for Anveshane's work.



- **Organizational Unity:** This event promoted strong internal cohesion and mutual understanding among team members regarding the shared mission and guiding principles.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

Impact Area	Measurable Outcome/Significance
Foundational Alignment	Successfully established a clear, unified ideological base for all subsequent projects and campaigns throughout 2024 and 2025.
Team Cohesion	Achieved high attendance and participation, strengthening team bond and commitment to the collective mission.
Capacity Building	Reinforced team literacy on key constitutional concepts, preparing volunteers for advocacy work based on rights and legal principles.
Zero-Cost Model	Executed a high-impact, symbolic, and educational event using only volunteer time and online resources.

4. CONCLUSION AND FORWARD OUTLOOK

The Republic Day celebration served as an essential organizational ritual, deeply embedding the principles of **Constitutional Values** into Anveshane's structure. This intellectual foundation is crucial for sustaining complex advocacy efforts, such as the later environmental and social justice campaigns.

Report Prepared by: Anveshane Team



(JAN 26-27, 2024) ADVANCED MENTAL HEALTH CAPACITY BUILDING REPORT: FAMILY & GROUP THERAPY

Attribute	Detail
Event Title	Workshop on Basic Understanding of Family Therapy and Group Therapy
Dates	January 26 - 27, 2024 (2 Days)
Venue	Local Workshop Site (Assumed Bengaluru)
Anveshane Participants	16 Core Members (Jai Bheem, Chandru, Mahesh, Hanmant, Yashoda, Padma, Santhosh, Manjunath, Krishna, Anita B, Anitha C, Umar, Ramesh, Saleem, Sushmitha, Mahendra) along with other co participants
Core Focus	Gaining foundational knowledge of systemic approaches to psychological intervention (Family and Group therapy models).
Strategic Alignment	Mental Health, Psycho-socio-economic Development, and Internal Capacity Building.

1. STRATEGIC CONTEXT AND PURPOSE

This two-day workshop was a **pivotal, high-intensity investment** in Anveshane's commitment to community psychological wellness. By training **15 core members** in the basics of Family and Group therapy models, Anveshane established a large internal cohort capable of recognizing complex family dynamics and facilitating supportive group environments.

The purpose was to **operationalize the Mental Health mandate** through skilled human capital. This massive mobilization of volunteer time, achieved through the **Self-Sustaining Model**, ensures that Anveshane's support activities are not just sympathetic, but guided by structured, therapeutic principles.

2. KEY PROGRAM EXECUTION AND KNOWLEDGE ACQUISITION

The timing, overlapping with the Republic Day activities, demonstrates the simultaneous commitment to both ideological (Constitutional Values) and functional (Mental Health) foundations:

- **Massive Team Mobilization:** The attendance of 15 members (the largest single-event training cohort documented) proves the organization's dedication to widespread skill integration rather than training a single individual.



- **Skill Acquisition:** Participants learned frameworks for understanding and addressing conflicts within families and effectively managing supportive group settings—skills directly used later in facilitating webinars and community gatherings.
- **Foundation for Mental Health Series:** The knowledge acquired here served as the foundational knowledge base for the subsequent "ಹಗುರಾಗಲೀ ಮನಸ್ಸು" mental health webinar series.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

Impact Area	Measurable Outcome/Significance
Mental Health Response	Created a large internal resource pool capable of providing informed, systemic psychological support in community interactions.
Team Skill Depth	Elevated the functional skill level of nearly the entire core team in critical soft skills essential for conflict resolution and community support.
Internal Cohesion	The shared intensive learning experience strengthened the bonds and communication channels among a large cross-section of Anveshane's leaders.
Resource Efficiency	Achieved comprehensive, multi-person training using the Zero-Cost model (volunteer time and travel).

4. CONCLUSION AND FORWARD OUTLOOK

The Family and Group Therapy workshop was foundational. It provided the practical methodology for addressing the **Psycho-socio-economic development** needs of the community, ensuring Anveshane's subsequent social and advocacy work is rooted in empathy and psychological awareness.

Report Prepared by: Anveshane Team







(FEB 4, 2024) COMMUNITY SERVICE AND MARGINALIZED SUPPORT REPORT: SUMANAHALLI

Attribute	Detail
Event Title	Sumanahalli Support Visit & Cleaning Drive
Date	February 4, 2024
Venue	Sumanahalli Support Center, Bengaluru
Anveshane Participants	5 Core Volunteers (Hruthik, Hanamant, Nagaraj, Santosh, Mahendra)
Core Activity	Physical cleaning and environmental upkeep of shared resident spaces (veranda, kitchen, dining hall) to create a happy, hygienic ambience. Gained knowledge about the community support model.
Strategic Alignment	Aadara (Support to Marginalized), Inclusivity (Sahabave), and Zero-Cost Service.

1. STRATEGIC CONTEXT AND PURPOSE

The visit to Sumanahalli was a crucial demonstration of Anveshane's commitment to supporting the most vulnerable populations. Sumanahalli provides holistic care for individuals facing severe marginalization (often those affected by diseases and homelessness), making the upkeep of their shared living environment critical for dignity and health.

The primary purpose was dual: **A) Experiential Learning** by observing the Sumanahalli model of community support, and **B) Direct Physical Service** by providing the zero-cost manpower needed for major deep-cleaning tasks. This perfectly aligns with the **Self-Sustaining Model** by exchanging volunteer time for immediate, tangible impact.

2. KEY SERVICE EXECUTION AND IMPACT

The targeted cleaning efforts maximized the impact of the five volunteers:

- **Hygiene Improvement:** Focusing on the **kitchen and dining hall** directly contributed to the health and safety standards of the facility.
- **Ambience Creation:** Cleaning the **veranda** enhanced the community's shared space, contributing positively to the **mental well-being** of residents by creating a more welcoming environment.



- **Organizational Learning:** Volunteers gained firsthand knowledge of the challenges and successes of running a long-term community support center, which is invaluable for future project design under the **Aadara** mandate.

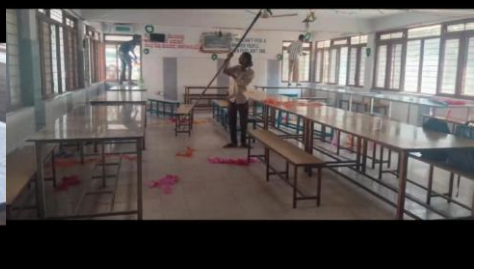
3. ORGANIZATIONAL OUTCOMES AND IMPACT

Impact Area	Measurable Outcome/Significance
Physical Infrastructure	Successfully executed necessary deep cleaning and organization of high-traffic areas, reducing the maintenance burden on the host facility.
Inclusivity & Dignity	Provided a service that directly enhanced the living standards and sense of dignity for marginalized residents.
Zero-Cost Service	Delivered high-value service (physical labor) using only the dedicated time and effort of five core volunteers, with no financial expenditure.
Capacity Building	Provided volunteers with practical, empathetic exposure to community support models, reinforcing their commitment.

4. CONCLUSION AND FORWARD OUTLOOK

The Sumanahalli cleaning drive was a profound step in putting Anveshane's newly acquired theoretical knowledge (from the January workshops) into compassionate, practical action. This established a foundation for future, sustained engagement with marginalized communities.

Report Prepared by: Anveshane Team





FEBRUARY 4, 2024 FOUNDATIONAL VISIONING AND SCOPE MEETING REPORT:

Attribute	Detail
Event Title	Post-Registration Visioning & Scope Definition Meeting
Date	2024-02-04
Venue	Online (Google Meet)
Key Initiators	Khasim and Mahesh
Core Philosophy Established	The Zero-Cost Service Model (activities done without spending a lot of money).
Core Discussion	Detailed analysis of the pros and cons of having an NGO , defining initial service areas, and integrating the scope across environmental, inclusivity, and resource management domains.
Strategic Pillars Defined	Environmental Sustainability, Inclusivity (Sahabalve), and Organizational Excellence.

1. STRATEGIC CONTEXT AND PURPOSE

This crucial meeting took place shortly after the formal registration of the Anveshane Trust on January 16, 2024. The purpose was to translate the collective passion into a structured plan of action, validating the organizational effort and defining its scope within the framework of the newly established Trust.

The entire discussion was guided by the goal of delivering **high-impact social service through resource-efficient means**, establishing the core tenet of the **Zero-Cost Service Model** right at the planning stage.

2. KEY VISIONING TOPICS AND PARTICIPANT INPUTS

The discussion defined three key areas of future work, drawing on the specific interests and expertise of the founding members:

Participant	Focus Area Contributed	Strategic Alignment
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Khasim & Mahesh	Review of pros and cons of having an NGO ; discussion details and progression planning.	Organizational Excellence (Ensuring transparent, legal structure).
Mahendra	Community organization model (e.g., snake protection); Rural Community Water Resources Management and Forest Protection services.	Environmental Sustainability and community-led resource management.
Sachin	Environmental Consciousness and personal interest; Blind Students service (e.g., Mysore Blind Students Tournament).	Environmental Sustainability and Inclusivity (Sahabalve) .
Collective Commitment	Commitment to selecting activities that can be executed without spending a lot of money .	Organizational Excellence (Establishing the Zero-Cost Service Model).

3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **Zero-Cost Model Confirmation:** The explicit decision to focus on non-financial activities (volunteer time, mobilization, knowledge sharing) became the guiding principle for the entire organization's programmatic strategy.
- **Mission Scope Ratification:** The vision was formally ratified to include physical community service (water/forest protection), **Solid Waste Management**, and crucial **Inclusivity** work (supporting blind students).
- **Momentum Building:** This planning meeting, held on the same day as the Sumanahalli cleaning drive, cemented the organization's high level of commitment to both strategy and immediate action.

4. CONCLUSION AND FORWARD OUTLOOK

This visioning meeting solidified the strategic direction of Anveshane, ensuring the organization was anchored in both sound legal structure and a practical, resource-efficient service model.

Report Prepared by: Anveshane Team

ಅನ್ವೇಷಣಾ

(ನೋಂದಣಿ ಪೂರ್ವ ಸಾಂಸ್ಥಿಕ ಶಿರ್ಷಿಕೆ)

ಈ ದಿನ ದಿನಾಂಕ: 04.02.2024 ರಂದು <http://meet.google.com/eqg-czay-jq> ರ ಸಾಂಸ್ಥಿಕ ನಿದೇಶಿತವುಡಿಯಲ್ಲಿ ನಡೆಸಿದ ಸಭೆಯ ನಡವಳಿಗಳು.

ಕೋರಂ:

ನಿರೀಕ್ಷಿತ ಹಾಜರಾತಿ	ವಾಸ್ತವಿಕ ಹಾಜರಾತಿ	ಲೆರಾವು
106	08	08 ಸದಸ್ಯರ ಸಮಾಜ ಸುಮಾರಣೆಗಾಗಿ ಅಂಗೀಕರಿಸಲಾಯಿತು.

ಸ್ವಾಗತ:

ಮಹೇಂದ್ರ ರವರು

ಪ್ರಾರಂಭಿಕ ಸುದ್ದಿ:

ಮಹತ್ವ ಮತ್ತು ಪಾಸಿಂಗವರು

ಚರ್ಚಾ ವಿಷಯ:

ಸದರಿ ಶಿರ್ಷಿಕೆಯಡಿ ಒಂದು ಸರ್ಕಾರೀತರ ಸಂಸ್ಥೆಯನ್ನು ಪ್ರಾರಂಭಿಸಲು ಉದ್ದೇಶಿಸಲಾಗಿದ್ದು, ಈ ಕುರಿತಾದ ಸಾಧಕ ಬಾಧಕಗಳು ಹಾಗೂ ಕೈಗೊಳ್ಳಬಹುದಾದ ಕಾರ್ಯಪಟುವಟೆಗಳ ಕುರಿತು ವೈಯಕ್ತಿಕ ವಿಚಾರ ಹಂಚಿಕೆ.

ನಡವಳಿಗಳು:

ಪ್ರತಿಯೊಬ್ಬರೂ ಸಾಮಾಜಿಕ ಸಂವೇದನೆ, ತಮ್ಮ-ತಮ್ಮ ಅನಿರೀಕ್ಷೆಗಳನ್ನು ವ್ಯಕ್ತಪಡಿಸಿದರು. ಸಂಸ್ಥೆಯನ್ನು ಕಟ್ಟುವ ಬಗ್ಗೆ ಹಾಗೂ ಅದರ ಧೈರ್ಯೋದ್ದೇಶ-ಕಾರ್ಯ ಇತ್ಯಾದಿಗಳ ಬಗ್ಗೆ ಮುಕ್ತವಾಗಿಯೇ, ಈ ಕೆಳಕಂಡ ಅಂಶಗಳ ಬಗ್ಗೆ ವಿಚಾರ ವಿನಿಮಯ ಮಾಡಿಕೊಂಡಿರುತ್ತಾರೆ.

1. ಫಲಿತಾಂಶ ವಿಲೇವಾರಿ-ಹಣಕಾಸು/ಒಣ ಕಸ - ಪಾಸಿಂಗ
2. ಕಾರ್ಯ ಪ್ರಯೋಗ ಸಂರಕ್ಷಣೆ ಮತ್ತು ಜಾಗೃತಿ - ಹಣಕಾಸು
3. ಸಮೂಹ ಸಂಘಟನೆ - ಮಹೇಂದ್ರ
4. ಕಾರ್ಯಗಳ ಸಂರಕ್ಷಣೆ - ಪಾಸಿಂಗ
5. Personal Hygiene and Cleanliness in Govt High Schools - ಸುದ್ದಿ
6. ಕೊಳವೆ ನಿರ್ಮಾಣಗಳ ಸ್ವಚ್ಛತೆ ಸೇವೆ - ಹಣಕಾಸು
7. ಪರಿಸರ ಕಾಳಜಿ ಮತ್ತು ವೈಯಕ್ತಿಕ ಹಿಡಿತಕ್ಕಿಳಿಸುವ - ಸಚಿನ್
8. ಅಧ್ಯಯನ ಮತ್ತು ಅಂಧ ಅಭ್ಯರ್ಥಿಗಳಿಗೆ ಲಿಪಿಕರ ಸೇವೆ - ಸಚಿನ್
9. ಗ್ರಾಮಾಂತರ ಪ್ರದೇಶದ ಸಾಮುದಾಯಿಕ ಜಲಮೂಲಗಳ ಸಂರಕ್ಷಣೆ ಹಾಗೂ ಅರಣ್ಯ ಸಂರಕ್ಷಣೆಯ ಸೇವೆಗಳು - ಮಹೇಂದ್ರ
10. ಮೈಸೂರು ಅಂಧ ನಿರ್ಮಾಣವಿಧಾನ ಕೊಠಡಿಯಂತೆ - ಸಚಿನ್

ಇತ್ಯಾದಿಯಾಗಿ ಎಲ್ಲ ವಿಷಯಗಳನ್ನು ಚರ್ಚಿಸಲಾಗಿ, ಅಂತಿಮವಾಗಿ ಮತ್ತು ಸಮೂಹವು ಸಾರ್ವಜನಿಕರಿಗೆ ಒದಗಿಸಬಹುದಾದ ದುಡ್ಡುಬಡ್ಡಿ ಮಾಡಬಹುದಾದ ಚಟುವಟಿಕೆಗಳ ಬಗ್ಗೆ ವೀಕ್ಷಿಸಲಾಯಿತು. ಅಂತಿಮವಾಗಿ, ಈ ಕೆಳಕಂಡ ನಿರ್ಣಯಗಳನ್ನು ಅಂಗೀಕರಿಸಲಾಯಿತು.

1. ದುಡ್ಡುಬಡ್ಡಿ ಮಾಡಬಹುದಾದ ಕಾರ್ಯಪಟುವಟೆಗಳನ್ನು ಅಂದಾಜಿಸುವುದು;
2. ಸಮೂಹದಲ್ಲಿನ ಪ್ರತಿಯೊಬ್ಬರ ವೈಯಕ್ತಿಕ ಸಾಮರ್ಥ್ಯಗಳನ್ನು ಪರಿಶೀಲಿಸುವುದು;
3. ಸಮೂಹದ ಸದಸ್ಯರ ಸಲುವೆ ಒಂದು ಸಮೀಕ್ಷೆಯನ್ನು ಆಯೋಜಿಸುವುದು;
4. ಇತರ ಸಾಂದರ್ಭಿಕ ತೀರ್ಮಾನಗಳು.

ಅತ್ಯಂತವೈಯ ನಿರೀಕ್ಷೆಯಲ್ಲಿ ಪ್ರತಿಯೊಬ್ಬರೂ ಸಭೆಯನ್ನು ಸರ್ವಾನುಮತದಿಂದ ಅಂಗೀಕರಿಸಲಾಯಿತು.



(FEB 11, 2024) AADARA AND YOUTH ENGAGEMENT REPORT: SNEHA JYOTHI HOME VISIT

Attribute	Detail
Event Title	Engagement and Wellness Session at Orphan Children's Home
Date	February 11, 2024
Venue	Sneha Jyothi Orphan Children's Home, Bengaluru
Anveshane's Core Focus	Empathetic engagement, psycho-social support, and awareness building.
Key Participants	Mahendra, Sushmitha, and Nagaraj.
Strategic Alignment	Aadara (Support to Marginalized) and Psycho-socio-economic Development.

1. STRATEGIC CONTEXT AND PURPOSE

Following the foundational capacity-building workshops and the initial legal registration phase, this visit marked one of Anveshane's earliest direct engagements with a vulnerable community. The event leveraged the principles of the **Zero-Cost Service Model** by dedicating volunteer time and psychological training (acquired in late January) to the children.

The purpose was to move beyond physical clean-up (like the Sumanahalli visit) and provide **meaningful, personalized engagement** focused on the holistic development of the children, emphasizing their personal aspirations and immediate welfare concerns.

2. KEY ENGAGEMENT ACTIVITIES

The Anveshane team members spent time engaging the children through conversation and interactive sessions, focusing on several critical areas:

- **Aspiration & Interest:** Team members discussed the children's **dreams and interests**, providing encouragement and mentorship. This aligns with the **Psycho-socio-economic Development** pillar by fostering self-esteem and future vision.
- **Health & Hygiene:** Practical discussions were held on the importance of **health and hygiene**, promoting preventative wellness habits within the home.
- **Environmental Awareness:** Basic concepts of the surrounding **environment** were discussed, tying into Anveshane's **Environmental Sustainability** commitment and encouraging responsible habits.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **Emotional Support:** Provided direct, one-on-one attention, which is a vital form of psycho-social support for institutionalized children.
- **Role Modeling:** The core team members served as positive role models, demonstrating commitment and empathy.
- **Needs Assessment:** The engagement provided Anveshane with valuable, firsthand understanding of the ongoing psycho-social and material needs of the children, informing potential future, larger-scale support programs.

4. CONCLUSION AND FORWARD OUTLOOK

The visit successfully demonstrated Anveshane's ability to execute empathetic, high-quality, and zero-cost service delivery in sensitive community settings. This engagement solidifies the organization's dedication to the **Aadara** mandate.

Report Prepared by: Anveshane Team





NVESHANE

FOR HOLISTIC, SUSTAINABLE, AND INCLUSIVE TRANSFORMATION



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(FEB 16, 2024) HEALTH SERVICE DUE DILIGENCE REPORT: ST. JOHN'S ART CENTER

Attribute	Detail
Event Title	St. John's ART Center (Anti-Retroviral Therapy) Operational Review Visit
Date	February 16, 2024
Venue	St. John's Medical College & Hospital ART Center, Bengaluru
Anveshane's Core Focus	Due Diligence, Service Quality Assessment, and Operational Observation.
Key Participants	Mahendra (Founder & Leader)
Strategic Alignment	Health & Wellness, Aadara (Support to Marginalized), and Organizational Excellence.

1. STRATEGIC CONTEXT AND PURPOSE

This visit was executed as part of Anveshane's commitment to strategic and effective service delivery under the **Organizational Excellence** pillar. The goal was not merely to observe but to understand the high-standard operational mechanisms of a critical public health service provider, specifically one serving a highly marginalized community (HIV/AIDS patients).

The visit aimed to:

- Understand Operations:** Review the service model, staffing, and patient flow ("what all postings they have").
- Verify Service Quality:** Assess whether the **service given is proper or not**, ensuring best practices in marginalized health support are maintained.
- Identify Future Collaboration Points:** Determine areas where Anveshane could potentially offer **zero-cost support** (e.g., psycho-social counseling, awareness campaigns) in partnership with the ART Center.

2. KEY FINDINGS AND OBSERVATIONS

- Operational Excellence:** The visit provided firsthand insight into the complex logistical and emotional needs of running an Anti-Retroviral Therapy Center, which requires strict adherence to medical protocols and deep compassion.
- Service Quality:** Mahendra observed the quality and efficacy of the services provided, confirming that the center operates with dedication and professionalism, aligning with Anveshane's standard for partner service excellence.



- **Aadara (Support to Marginalized):** This engagement directly supports the marginalized community requiring ART services, ensuring their access to reliable and dignified care remains a focus for Anveshane's health mandate.

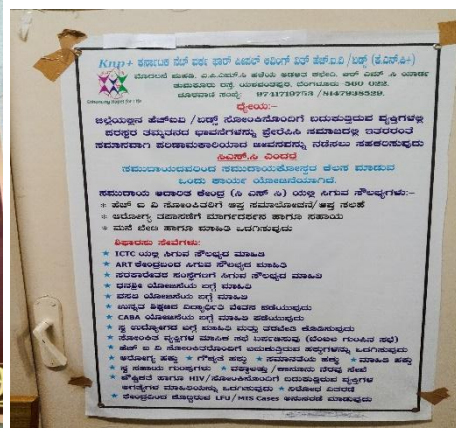
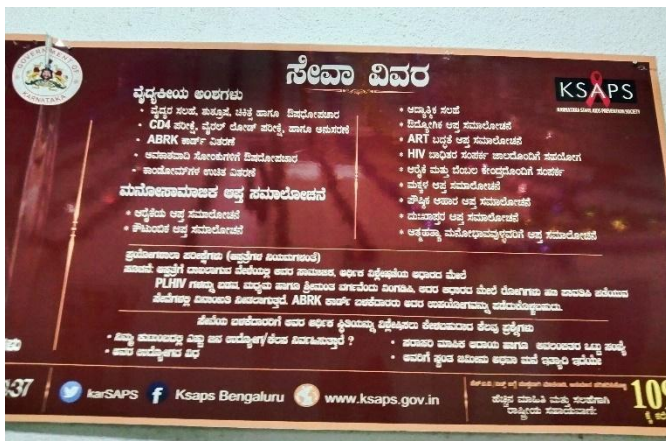
3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **Knowledge Acquisition:** Gained specific, high-level operational knowledge about public health support for HIV/AIDS patients.
- **Partnership Vetting:** Successfully completed an initial due diligence review of a potential key collaborator in the health sector.
- **Refinement of Scope:** This informed Anveshane's internal understanding of how its mental health and wellness mandate (e.g., therapy workshops) can complement specialized medical services in the community.

4. CONCLUSION AND FORWARD OUTLOOK

The visit to the St. John's ART Center reinforced Anveshane's commitment to strategic, evidence-based engagement in the health sector. This event ensures that future service programs targeting vulnerable groups are grounded in an understanding of high-quality service standards.

Report Prepared by: Anveshane Team



➤ 17th Feb 2024: Songs of resistance



**(FEB 28, 2024) SOCIO-CULTURAL RESEARCH AND OBSERVATION
REPORT: MARKAL KOLLUR**



Attribute	Detail
Event Title	Rural Tradition and Social Stratification Field Observation
Date	February 28, 2024
Venue	Markal Kollur Village, Yadgir/Rural Karnataka
Anveshane's Core Focus	Foundational Research, Socio-Cultural Dynamics, and Inequality Mapping.
Key Participants	Sushmitha, Prakash, Nagaraj, and Mahendra.
Strategic Alignment	Psycho-socio-economic Development and Constitutional Values (Social Justice).

1. STRATEGIC CONTEXT AND PURPOSE

This field visit represented a strategic, early-stage effort by Anveshane to deepen its understanding of rural Karnataka's complex social fabric. Unlike providing a direct service, this activity was an investment in organizational knowledge, executed under the **Zero-Cost Model** (volunteer time).

The purpose was explicitly linked to Anveshane's mission of social justice: to understand how **local traditions and belief systems** inherent in a village festival context directly "**decides the social strata**" and influences community dynamics. This knowledge is foundational for designing effective, non-discriminatory interventions in the future.

2. KEY FINDINGS AND OBSERVATIONS

The team focused on comprehensive observation of the village festival and documented the following critical findings:

- **Pervasive Social Inequality:** It was observed that the local traditional and belief systems actively reinforce a rigid, hierarchical social structure. The context of the festival clearly delineated roles and participation, reflecting a pronounced lack of social mobility or equality.
- **Strong Caste Practices:** The team noted the presence of **very strong, overt caste practices** among the villagers. These practices are deeply ingrained in the community's daily life and communal activities, explicitly establishing and maintaining social boundaries.
- **Patriarchal Thought Process:** A dominant **patriarchal thought process** was observed across the community, significantly influencing gender roles, decision-making, and resource access.

- **Impact on Justice:** The combination of rigid caste practices and patriarchal dominance creates a social environment that actively **undermines social justice** and equality, necessitating a targeted, informed strategy for Anveshane's interventions in the region.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **Deepened Cultural Literacy:** Provided the core team with invaluable, firsthand knowledge of rural community complexities beyond simple demographics.
- **Informed Strategy:** The data gathered will critically inform future programs in **Psycho-socio-economic Development** and **Constitutional Literacy**, ensuring that solutions are tailored to challenge deep-rooted caste and gender-based inequities effectively.
- **Constitutional Advocacy:** Strengthened the team's ability to advocate for **Constitutional Values** (like equality and non-discrimination) by directly identifying the entrenched obstacles to achieving them.

4. CONCLUSION AND FORWARD OUTLOOK

The Markal Kollur visit was a successful and critical investment in Anveshane's long-term operational effectiveness. It confirms the organization's commitment to understanding the root causes of social issues before deploying resources.

Report Prepared by: Anveshane Team



(MARCH 2-3, 2024) ADVANCED CONSTITUTIONAL LITERACY AND CULTURAL POLITICS REPORT: DHARWAD



Attribute	Detail
Event Title	ಸಾಂಸ್ಕೃತಿಕ ರಾಜಕಾರಣ ಸಮಕಾಲೀನ ಮುಖಾಮುಖಿ (Cultural Politics: Contemporary Confrontation)
Date	March 2 - 3, 2024 (2 Days)
Venue	Karnataka State Higher Education Academy, Dharwad
Organizers	Shramana Samskruthi Trust, Bayalu Balaga (in collaboration with the Karnataka State Higher Education Academy)
Anveshane's Core Focus	Constitutional Values, Social Justice, Advanced Capacity Building
Key Participants	Mahendra and Sachin
Strategic Alignment	Informed Program Design, Critical Social Analysis.

1. STRATEGIC CONTEXT AND PURPOSE

This state-level **Vichaara Kammata (Thought Workshop)** served as a crucial step for Anveshane to deepen its theoretical understanding of systemic inequalities, directly building upon earlier field observations (e.g., Markal Kollur).

The primary purpose was to equip leadership with **advanced critical thinking frameworks** necessary to understand and address the systemic roots of social issues, thus ensuring that future interventions are strategically aligned with promoting **Constitutional Values** and achieving **Psycho-socio-economic Development**.

2. WORKSHOP SESSIONS AND KEY LEARNINGS



The two-day workshop covered advanced themes in socio-political analysis:

Day 1: March 2, 2024

1. **Session 1: Caste and Gender Discrimination:** Analysis of the intersectional challenges of caste hierarchy and patriarchal norms and how they restrict social mobility and access to justice.
2. **Session 2: Religion, Nationality, and Politics:** Examination of contemporary political narratives and their impact on constitutional principles of secularism, social harmony, and inclusive national identity.

Day 2: March 3, 2024

1. **Session 1: Changing Cultural Signs:** Discussion on the evolution of cultural expressions and their relationship to shifts in political power, societal values, and social resistance.
2. **Session 2: Ways to Tackle/Face Present-Day Problems/Issues (Bikkattu):** Focus on developing effective, constitutional, and community-based strategies for responding to modern socio-political challenges and crises.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **Elevated Capacity:** Participants gained theoretical depth in cultural politics, enhancing their ability to analyze systemic barriers and articulate the need for social justice.
- **Program Alignment:** The intellectual rigor of the workshop validated and refined Anveshane's commitment to tackling deep-rooted issues like discrimination and exclusion.
- **Institutional Collaboration:** Engagement with major academic and cultural trusts strengthens Anveshane's network for future knowledge sharing and collaborative advocacy.

4. CONCLUSION

The Vichaara Kammata in Dharwad successfully provided the organizational leadership with the critical analytical tools necessary to move from field observation to strategically informed action, reinforcing Anveshane's mission to uphold social justice.

Report Prepared by: Anveshane Team



ಶ್ರಮಣ ಸಾಂಸ್ಕೃತಿಕ ಪ್ರಾಜ್ಞೆ ಮತ್ತು ಬಯಲು ಬಳಗ ಹಾಗೂ ಕರ್ನಾಟಕ ರಾಜ್ಯ ಉನ್ನತ ಶಿಕ್ಷಣ ಅಕಾಡಮಿ, ಧಾರವಾಡ
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 ದಿನಾಂಕ: 02-03-2024

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 ಕೆ. ಭಾರತೀಶ್ವರಿ

ಗೋಷ್ಠಿ-4 2.00 ಗಂಟೆಗೆ
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ಸಮಾರೋಹ ನುಡಿ: ನಟರಾಜ್ ಬೂದಾಲ್
 ಕಛೇರಿ ನಿರ್ದೇಶಕರ ನುಡಿ : ವಿನಯಾ ಒಪ್ಪಂದ





(MARCH 10, 2024) YOUTH ENGAGEMENT AND CONSTITUTIONAL VALUES REPORT: YUVA SAMMILANA

Attribute	Detail
Event Title	Yuva Sammilana (State-level Youth Convention)
Date	March 10, 2024
Venue	Tumakuru
Anveshane's Core Focus	Youth Engagement, Networking, Constitutional Values
Key Participants	Mahendra and Prajwal
Strategic Alignment	Capacity Building, Cross-Organizational Learning, Social Justice.

1. STRATEGIC CONTEXT AND PURPOSE

The **Yuva Sammilana** was a gathering of several small and youth-led organizations, providing a critical low-cost/zero-cost opportunity for Anveshane to benchmark its mission and gain exposure to other grassroots perspectives.

The primary purpose was twofold: to participate in the collective discussion on **Constitutional Values** and their relevance to current social issues, and to network with peer organizations facing similar challenges in grassroots social service delivery. The event directly supports Anveshane's **Capacity Building** and **Constitutional Values** pillars.

2. KEY DISCUSSIONS AND OBSERVATIONS

The convention centered on the practical application of constitutional principles in daily life and in addressing contemporary youth issues.

- **Constitutional Values in Practice:** Discussions focused on how concepts like equality, liberty, and justice are currently being challenged, and the role of youth organizations in defending them.
- **Youth Issues:** The team engaged in dialogue regarding immediate issues affecting young people, including employment, mental health access, and political mobilization.
- **Grassroots Perspectives:** Networking with other small, youth-led teams provided diverse insights into effective, resource-minimal strategies for community intervention across the state.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **Validated Mission:** The collective focus on constitutional values affirmed Anveshane's foundational principles and organizational direction established in early 2024.
- **Expanded Network:** Forged relationships with peer organizations, setting the stage for future collaborations (like the farmer protests or school painting drives).
- **Capacity Building:** Mahendra and Prajwal brought back new ideas and practical approaches for engaging youth and promoting social justice.

4. CONCLUSION

Participation in the Yuva Sammilana was a successful investment in Anveshane's network and intellectual capacity, ensuring the organization remains relevant and collaborative within the broader social service ecosystem of Karnataka.

Report Prepared by: Anveshane Team









(MARCH 21-24, 2024) CAPACITY BUILDING AND TECHNICAL SKILLS TRAINING REPORT: BASIC COMPUTERS AT SAMVADA

Attribute	Detail
Event Title	Basic Computer Skills Training for Youth
Date	March 21 - 24, 2024 (4 Days)
Venue	Samvada Resource Centre (Assumed)
Collaborator	Samvada
Anveshane's Core Focus	Psycho-socio-economic Development, Capacity Building, Zero-Cost Service
Key Participants	Mahendra (Organizer/Mentor), Sri Harsha (Resource Person/Trainer)
Strategic Alignment	Skill Transfer, Youth Empowerment, Self-Sustaining Model.

1. STRATEGIC CONTEXT AND PURPOSE

This four-day workshop represents a major milestone: the transition of Anveshane members from program attendees to **trainers and resource persons**. This initiative was focused on imparting essential **Basic Computer Literacy** to the youth associated with the partner organization, **Samvada**.

The purpose was to directly address the digital skills gap, enhancing the educational and employment prospects of the participating youth. By utilizing **Sri Harsha** as a trainer, Anveshane demonstrated the immediate, high-value return on its initial investment in internal capacity building (the **Zero-Cost Service** model).

2. TRAINING CONTENT AND DELIVERY

The workshop covered foundational computer skills necessary for personal and professional growth:

- **Basic Operations:** Understanding hardware components, operating systems, and file management.
- **Internet Literacy:** Safe and effective browsing, searching, and utilizing online resources.
- **Software Fundamentals:** Introduction to basic productivity tools (word processing, spreadsheets).



The training was delivered over four consecutive days, ensuring immersive, hands-on learning, which is vital for building lasting technical confidence.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **Self-Sustaining Model Success:** The workshop was executed using internal organizational expertise (Sri Harsha and Mahendra), resulting in zero monetary cost for instruction.
- **Enhanced Collaboration:** Deepened the working relationship with Samvada by providing tangible, high-demand skills to their beneficiary group.
- **Youth Empowerment:** Directly addressed a barrier to psycho-socio-economic development by equipping youth with necessary digital literacy for the modern job market and educational landscape.

4. CONCLUSION

The four-day computer skills training was a highly successful application of Anveshane's core principles, showcasing its ability to facilitate meaningful, sustainable skill transfer within the community ecosystem.

Report Prepared by: Anveshane Team







(MARCH 24, 2024) ORGANIZATIONAL GOVERNANCE AND STRATEGIC PLANNING REPORT: REVIEW MEETING

Attribute	Detail
Event Title	NGO Review Meeting and Strategic Planning Session
Date	March 24, 2024
Venue/Platform	Physical Meeting (Assumed)
Anveshane's Core Focus	Organizational Excellence, Governance, Strategic Planning
Key Attendees	11 Core Team Members (Trustees, Program Managers, and other key members)
Strategic Alignment	Formalizing Leadership, Defining Operational Priorities, Compliance.

1. ORGANIZATIONAL GOVERNANCE: FORMALIZING LEADERSHIP

The meeting formalized the core governance structure by defining the roles of the **Board of Trustees**, establishing clear accountability for the organization's legal, financial, and programmatic functions:

Role/Designation	Name
President / Chairman	Sushmitha B
Vice President	Prakasha
Secretary	Mahendra C
Joint Secretary	Umar Farooque



Treasurer	JaiBheem
Executive Director	Ramesh
Legal Advisor and Program Manager	Prakash P C
Deputy Program Manager	Nagaraj and Hanumanth
Other Trustees	Communication Manager (Santosh, Prakash DJ); Fund Raising Manager (Nagaraj, Saleem); Volunteer Co-Ordinator (Hrutik, Chandru)

2. MISSION AND STRATEGIC FOCUS DEFINITION

The group confirmed the overriding **Mission Statement** and established the initial, focused programmatic priorities:

- **Mission:** To ensure **holistic, sustainable, inclusive transformation**, and to **empower communities** through a multitude of progressive programs.
- **Initial Focus:** The NGO agreed to prioritize **Empowering youth through education** and working towards **sustainability with environmental consciousness**, with the understanding to expand later.

3. OPERATIONAL AND INFRASTRUCTURAL ACTION PLAN

A detailed **To-Do List** was established to build organizational infrastructure and ensure transparency:

Category	Action Items
Compliance & Finance	Establish a Bank Account , pursue 80G certification, register with Darpan .
Branding & Visibility	Create a Banner , design Visiting/Business Cards , develop an Orientation/Intro PPT , order ID Cards and branded T-shirts/Hats .
Documentation & Management	Procure stationery (Ledgers, Book keeping, bill book, vouchers), set up official Email IDs/mobile number .



Strategy & Networking	Formalize Road Map , set Individual and Organisational Goals , plan NGO Visits (with Questionnaire), form an Advisory Committee , and meet with Elango Sir for finalization.
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4. GOVERNANCE MODEL AND MEETING STRUCTURE

A clear governance schedule was adopted to ensure accountability and continuous review: **Monthly, Quarterly, Half-yearly, and Annual Meetings.**

5. CONCLUSION

The Review Meeting on March 24, 2024, was a landmark event that successfully transitioned Anveshane from a legally registered entity to a strategically governed organization. By defining roles, setting a focused mission, and outlining a detailed action plan, the team established the robust **Organizational Excellence** foundation necessary to execute its zero-cost, high-impact programs effectively.

Report Prepared by: Anveshane Team



(MARCH 25, 2024) AADARA DUE DILIGENCE AND DESTITUTE WELFARE RESEARCH
REPORT: AVYANG FOUNDATION

Attribute	Detail
Event Title	Avyang Foundation Operational and Destitute Welfare Visit
Date	March 25, 2024
Venue	Avyang Foundation
Anveshane's Core Focus	Aadara (Support to Marginalized), Organizational Excellence, Psycho-socio-economic Development
Key Participants	Organizational Representative(s) (Assumed to be Mahendra/Trustee)
Strategic Alignment	Field Research, Partner Vetting, Needs Assessment, Action Plan Execution.

1. STRATEGIC CONTEXT AND PURPOSE

This visit was a direct follow-up to the March 24th NGO Review Meeting, aligning with the agenda item to perform **NGO Visits (Questionnaire)** for networking and strategic planning. The primary goals were two-fold:

- Operational Benchmarking:** To understand the structure and functional aspects of Avyang Foundation, including their operational model, resource management, and service delivery methods.
- Needs Assessment and Field Research:** To directly observe and understand the real-world **scenarios of the destitute** residing at the center, gaining empirical knowledge of their needs, challenges, and support requirements. This information is vital for shaping Anveshane's future interventions under the **Aadara** pillar.

2. KEY OBSERVATIONS AND FINDINGS

The observation focused on gathering qualitative data necessary for effective planning:

- Destitute Scenarios:** Gained insight into the complex psycho-social and health needs of the residents, which will inform the design of Anveshane's future health and mental wellness programs.
- Operational Model:** Observed best practices (and challenges) in managing a center for the destitute, including resource allocation, volunteer management, and ensuring sustained support.



- **Service Delivery Vetting:** The visit provided an initial assessment of the quality of care and support provided by the Avyang Foundation, allowing Anveshane to identify potential areas for future collaboration or support.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **Action Plan Execution:** Successfully executed a critical step in the governance committee's action plan by completing a formal NGO visit.
- **Knowledge Base Expansion:** Enhanced the team's understanding of the marginalized community segment, specifically the destitute, grounding the organization's mission in current social realities.
- **Potential Partnership Identification:** Laying the groundwork for a future, high-impact collaboration by establishing an initial rapport and understanding the partner's needs.

4. CONCLUSION

The visit to Avyang Foundation was a successful strategic research activity that reinforced Anveshane's commitment to thoughtful, due-diligence-based engagement with marginalized communities, directly informing its future programmatic roadmap.

Report Prepared by: Anveshane Team



(MARCH 31, 2024) MARGINALIZED COMMUNITY RESEARCH AND ENVIRONMENTAL SUSTAINABILITY REPORT: BEGUR WASTE PICKERS COLONY

Attribute	Detail
Event Title	Observation Visit to Waste Pickers Colony, Begur
Date	March 31, 2024
Venue	Waste Pickers Colony, Begur
Anveshane's Core Focus	Aadara (Support to Marginalized), Environmental Sustainability, Psycho-socio-economic Development
Key Participants	Mahendra and Likhith
Strategic Alignment	Field Research on Solid Waste Management (SWM) value chain, Needs Assessment, Zero-Cost Model.

1. STRATEGIC CONTEXT AND PURPOSE

This visit was a targeted research effort focused on two of Anveshane's foundational pillars, driven by the discussion during the February 4th Visioning Meeting where **Solid Waste Management (SWM)** was identified as a core service area.

The purpose was to move beyond theory and gain an **on-the-ground understanding** of the lives of waste pickers—the most marginalized and critical component of the SWM ecosystem. Specifically, the team sought to understand:

- **Socio-economic Backgrounds:** The origins, migration patterns, and family structures of the residents.
- **Living Conditions:** The specific health, hygiene, and infrastructural challenges faced in the colony.
- **Work Dynamics:** The conditions of their labor, which directly inform environmental sustainability efforts.

2. KEY OBSERVATIONS AND FINDINGS

Mahendra and Likhith's observation yielded crucial qualitative data:

- **Intersection of Poverty and Labor:** The colony highlights the intersection of extreme poverty with essential environmental service provision, demonstrating a high need for supportive interventions (Health & Wellness, Education for children).
- **Health and Hygiene:** Direct observation of the environmental and health hazards faced by the community due to the nature of their work and living environment.
- **Informal Economy Study:** Gained insight into the informal recycling economy, which directly feeds into Anveshane's overall **Environmental Sustainability** strategy (e.g., potential collaboration points for PaNaSa).

3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **Programmatic Input:** The findings provide essential context for future program design, particularly regarding **Aadara** initiatives (e.g., specific health checkups or educational outreach tailored to this community's needs).
- **Zero-Cost Strategy:** This research aligns with the zero-cost model, using only volunteer time to gather high-value, actionable intelligence.

4. CONCLUSION

The visit to the Begur Waste Pickers Colony successfully laid the groundwork for future targeted interventions by providing a compassionate, yet analytical, view of a highly marginalized group integral to Bengaluru's environmental health.

Report Prepared by: Anveshane Team







(APRIL 21, 2024) CONSTITUTIONAL VALUES AND EDUCATIONAL OUTREACH REPORT: AMBEDKAR JAYANTI

Attribute	Detail
Event Title	Dr. B. R. Ambedkar's Birthday Celebration and Discussion
Date	April 21, 2024
Venue	Cubbon Park, Bengaluru
Anveshane's Core Focus	Constitutional Values, Social Justice, Capacity Building, Inclusivity
Key Participants	Kavya, Harsha, Sushmitha, Lakshmi, Jai Bheem, Shreekanth, Chethan, Santhosh, Prakasha, Hanamant, Mahendra (11 Core Members)
Strategic Alignment	Internal Alignment, Zero-Cost Education, Upholding Organizational Pillars.

1. STRATEGIC CONTEXT AND PURPOSE

This event served as a critical, internal capacity-building session focused on grounding the team in the principles of social justice, directly fulfilling Anveshane's **Constitutional Values** pillar. Held just weeks after the strategic review meeting, it demonstrated immediate execution on the commitment to educational empowerment.

The discussion, conducted at a public, symbolic location (Cubbon Park), utilized the **Zero-Cost Model**, relying entirely on intellectual volunteer effort.

2. KEY DISCUSSION POINTS

The celebration was framed around contemporary relevance:

- **Understanding Ambedkar's Contribution:** An open discussion was held to deepen the team's collective knowledge regarding Dr. Ambedkar's foundational work in law, economics, and social reform.
- **Contemporary Relevance:** The core focus was the critical question: "**How is he related to us in 2024?**" This encouraged participants to draw direct parallels between Ambedkarite philosophy and present-day challenges, including casteism, patriarchy (as observed in Markal Kollur), and the rights of marginalized communities (like the waste pickers).

- **Social Justice in Daily Action:** The conversation aimed to internalize constitutional morality, ensuring that Anveshane's grassroots activities (like the Sumanahalli or Sneha Jyothi visits) are informed by a commitment to equality and justice.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **High Participation:** The presence of eleven key team members demonstrated strong organizational buy-in and commitment to ideological alignment.
- **Capacity Building:** Enhanced the team's ability to articulate the importance of constitutional values in their social work, strengthening their effectiveness as community mobilizers.
- **Pillar Reinforcement:** Successfully reinforced the **Constitutional Values** pillar through meaningful, participatory education.

4. CONCLUSION

The Ambedkar Jayanti celebration was far more than a ceremonial event; it was a potent, self-organized educational session that successfully linked Anveshane's mission to the enduring quest for social justice and equality, ensuring the organization remains ideologically sharp and relevant in 2024.

Report Prepared by: Anveshane Team





ANVESHANE (R)
FOR HOLISTIC, SUSTAINABLE, AND INCLUSIVE TRANSFORMATION

ANVESHANE TEAM cordially invites you to join us in commemorating the birthday (14 April) of **DR. BABA SAHEB AMBEDKAR.**

Date: **21st April 2024** Time: **9:00 AM to 11:30 AM**
Venue: **Cubbon Park, near the metro entrance**

Event Agenda:

- Inauguration:** The event will commence with the reading of the preamble in unison.
- Activity & Discussion:** Participants will engage in an activity focused on exploring various aspects of the preamble through group discussion.
- Musical Tribute:** A song honoring Ambedkar or the constitution will be performed, inviting attendees to join their voices in harmony.
- Group Discussions:** Attendees will be divided into small groups to discuss Ambedkar's thoughts and principles, sharing their insights.
- Life History Walkthrough:** A guided walk through Ambedkar's life and his struggle for social justice and against untouchability.
- Reflections:** Participants will reflect on the true essence and significance of celebrating Ambedkar Jayanti, sharing their personal views and insights.
- Environment Discussion:** The event will also feature a discussion on global warming and environmental issues, including causes, effects, and potential solutions.
- Conclusion:** The event will conclude with a productive discussion on actionable steps and initiatives that can positively impact communities and the environment.
- Vote of Thanks:** A vote of thanks will be extended to all participants for their contributions and attendance.

Anveshane, @Hongasandra Bengaluru 560068
| 91 9731215736 | anveshane2024@gmail.com







(APRIL 29, 2024) LEGAL AND POLICY LITERACY REPORT: FOOD SECURITY ACT WORKSHOP

Attribute	Detail
Event Title	Workshop on the National Food Security Act (NFSA), 2015
Date	April 29, 2024
Venue	ODP, Mysuru
Anveshane's Core Focus	Constitutional Values, Psycho-socio-economic Development, Legal Literacy
Key Participants	Sushmitha and Mahendra
Strategic Alignment	Networking with NLSIU, Rights-Based Approach, Capacity Building in Policy Implementation.

1. STRATEGIC CONTEXT AND PURPOSE

This workshop marked a strategic advancement in Anveshane's capacity building, moving from general social issues to specific legal frameworks that impact the marginalized. Food Security is directly linked to the well-being of the communities Anveshane serves (like the waste pickers or those supported in Sumanahalli).

The primary goal was to understand the **National Food Security Act, 2015**, and specifically the **role of citizen social institutes** in ensuring its effective implementation. This knowledge is essential for Anveshane to transition from providing aid to demanding rights for vulnerable populations.

2. KEY TOPICS AND LEARNINGS

The workshop provided high-level policy insight through collaboration with expert institutions:

- **NFSA Framework:** Detailed understanding of the legal entitlements under the Act, including subsidized food grains, maternity benefit, and nutritional support.
- **Implementation Challenges:** Discussion on the gaps between policy intent and ground-level execution, particularly in rural and marginalized urban contexts.
- **Advocacy Role:** Focused on how NGOs and citizen groups can effectively monitor, advocate for, and support beneficiaries in claiming their rights under the NFSA. This directly prepares Anveshane for future rights-based advocacy campaigns.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

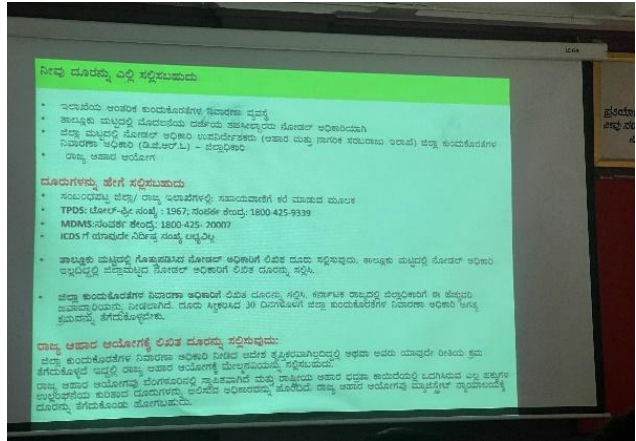
- **Enhanced Policy Literacy:** The leadership gained certified training in a critical piece of social legislation, strengthening the organization's knowledge base.
- **Networking:** Established connections with the prestigious **National Law School of India University (NLSIU)**, a high-value resource for future legal guidance and social research.
- **Program Strategy:** The learnings provide the necessary legal foundation to develop future programs focused on ensuring that marginalized communities receive their mandated food security entitlements.

4. CONCLUSION

The NFSA workshop was a critical milestone in Anveshane's evolution, solidifying its rights-based approach to community empowerment and reinforcing its commitment to legal literacy at the leadership level.

Report Prepared by: Anveshane Team









(MAY 1, 2024) OPERATIONAL REVIEW AND FORWARD PLANNING REPORT: CUBBON PARK MEETING

Attribute	Detail
Event Title	Core Team Meeting: NGO Activities Review and Planning
Date	May 1, 2024 (International Labour Day)
Venue	Cubbon Park, Bengaluru
Anveshane's Core Focus	Organizational Excellence, Strategic Planning, Accountability
Key Participants	Core Team / Trustees (Attendance Assumed based on nature of meeting)
Strategic Alignment	Mid-cycle review of Q2 activities, alignment of field research (Begur, Markal Kollur) with future program design.

1. STRATEGIC CONTEXT AND PURPOSE

Following the foundational NGO registration in January and the strategic governance meeting on March 24, this May Day meeting served as the first major **mid-cycle operational review**. The purpose was to assess the progress made on the action items set in March and integrate the knowledge gained from the rigorous field research and capacity building workshops (Markal Kollur, Begur Waste Pickers, NFSA).

This meeting confirms Anveshane's dedication to **zero-cost accountability**, utilizing the public space of Cubbon Park for serious organizational planning.

2. KEY DISCUSSION POINTS AND AGENDA

The discussion focused on two primary areas:

- **Review of Past Activities (March-April):**
 - Assessed the findings from the due diligence visits (Avyang Foundation, St. John's ART Center) and the socio-cultural research (Markal Kollur, Begur Colony).
 - Reviewed participation and knowledge retention from workshops (Family Therapy, Vichaara Kammata, NFSA).
 - Evaluated the success of the Ambedkar Jayanti celebration in Cubbon Park.
- **Future Workflow and Planning:**
 - Prioritized the next steps for compliance (Bank Account, 80G, Darpan registration—items identified on March 24).

- Aligned future program design with the observed needs of marginalized communities (e.g., how to use NFSA knowledge to help waste pickers).
- Planned for upcoming public events and networking opportunities.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **Accountability:** Ensured the organization is tracking performance against its mission and action plan.
- **Strategy Refinement:** Confirmed that field observations (strong caste practices, destitute conditions) are directly influencing program design, reinforcing the **Social Justice** and **Aadara** pillars.
- **Sustained Momentum:** Maintained the high pace of activity established in Q1 2024.

4. CONCLUSION

The May 1st meeting ensured Anveshane remains agile, accountable, and driven by field-validated needs, effectively translating policy knowledge and ground research into actionable steps for the organization's future.

Report Prepared by: Anveshane Team





(MAY 10, 2024) HEALTH & WELLNESS AND COLLABORATIVE SERVICE REPORT: FREE EYE CHECKUP CAMP

Attribute	Detail
Event Title	Free Eye Checkup Camp (In collaboration with Milana)
Date	May 10, 2024
Venue	Giddenahalli, Magadi Road
Anveshane's Core Focus	Health & Wellness, Aadara (Support to Marginalized), Community Service
Key Participants	Harsha, Hanamat, and Mahendra (Volunteers)
Strategic Alignment	Executing zero-cost service delivery through partnership and volunteer mobilization, targeting rural health needs.

1. STRATEGIC CONTEXT AND PURPOSE

This event marks Anveshane's entry into direct, dedicated **Health & Wellness** outreach, a crucial component of holistic community development. Following the operational review on May 1st, this activity demonstrates swift execution by partnering with **Milana** to leverage their resources and expertise for a free health camp.

The camp was strategically located in a rural area (Giddenahalli, Magadi road), aligning with the need to serve populations potentially lacking access to specialized eye care. Anveshane's role as a volunteer support team ensured the smooth operation of the camp, maximizing its reach.

2. KEY ACTIVITIES AND CONTRIBUTION

The Anveshane volunteers focused on operational support, which included:

- **Logistics and Coordination:** Assisting in the setup and management of the camp flow, directing beneficiaries, and managing registration.
- **Community Mobilization:** Utilizing local knowledge to ensure the maximum number of residents in Giddenahalli and surrounding areas were aware of and attended the free service.
- **Direct Assistance:** Providing on-site support to the Milana team, ensuring efficient delivery of services such as vision screening and consultation.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **Direct Impact:** Contributed to addressing preventable blindness and vision issues in the rural community, immediately fulfilling the **Health & Wellness** goal.
- **Collaboration:** Successfully established a partnership with **Milana**, paving the way for future joint service delivery programs.
- **Team Development:** Provided practical, high-impact volunteering experience for Harsha, Hanamat, and Mahendra, reinforcing the hands-on service culture.

4. CONCLUSION

The Free Eye Checkup Camp was a successful demonstration of Anveshane's ability to mobilize for effective, collaborative health outreach. It showcased how zero-cost volunteer support can significantly enhance the reach and impact of essential services in marginalized communities.

Report Prepared by: Anveshane Team







(MAY 11, 2024) MENTAL HEALTH NEEDS ASSESSMENT AND COMMUNITY RESEARCH REPORT: HANDI JOGI COLONY

Attribute	Detail
Event Title	Handi Jogi Colony Field Survey and Needs Assessment
Date	May 11, 2024
Venue	Handi Jogi Colony, Madiwala, Bengaluru
Anveshane's Core Focus	Mental Health, Aadara (Marginalized Support), Psycho-socio-economic Development
Key Participants	Mahendra, Nagaraj, and Harsha
Strategic Alignment	Translating theoretical mental health knowledge into actionable, targeted community programs; conducting primary research for program design.

1. STRATEGIC CONTEXT AND PURPOSE

This field visit was a direct follow-up to Anveshane's foundational capacity building in mental health (Jan 2024 therapy workshop) and the commitment to marginalized community research (Begur, Markal Kollur). The primary purpose was to conduct a **zero-cost survey/needs assessment** within the **Handi Jogi colony**.

The specific goal was to observe their living environment, understand their background, and analyze their livelihood patterns to determine the suitability and specific requirements for future **mental health workshops** tailored to this community's unique stressors and needs.

2. KEY ACTIVITIES AND OBSERVATIONS

The team focused on empathetic observation and informal interviews to gather socio-economic data:

- **Livelihood Study:** Observed the daily work and income generation methods of the community, which are often non-formal and highly susceptible to economic shock, leading to mental stress.
- **Living Conditions:** Documented the housing, sanitation, and physical environment, which directly contribute to overall well-being and psychological load.
- **Social Background:** Assessed the social structure, community dynamics, and historical context of the Handi Jogi community in Madiwala.



- **Program Viability:** The core assessment focused on whether a mental health intervention would be welcomed and feasible, and what cultural context must be included in the content of the workshops.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **Targeted Program Design:** The data gathered provides the foundation for designing the first specific, community-based mental health workshops, ensuring relevance and efficacy.
- **Deepened Field Knowledge:** Added a new, distinct marginalized group (the Handi Jogi community) to Anveshane's knowledge base.
- **Demonstrated Commitment:** Showcased the team's discipline in executing research before launching a service, upholding the principle of effective, evidence-based social work.

4. CONCLUSION

The survey at Handi Jogi Colony was a successful step in Anveshane's strategic planning, moving the organization closer to implementing its mental health mandate in a vulnerable urban community. The findings will guide the content and delivery of future psycho-social programs.

Report Prepared by: Anveshane Team







(MAY 12, 2024) YOUTH EDUCATION AND PSYCHO-SOCIAL ENGAGEMENT REPORT: MADILU SEVASHRAMA

Attribute	Detail
Event Title	Madilu Sevashrama Children's Engagement and Learning Session
Date	May 12, 2024
Venue	Madilu Sevashrama
Anveshane's Core Focus	Child Engagement, Education Support, Environmental Sustainability
Key Participants	Organizational Team (Assumed)
Strategic Alignment	Executing zero-cost, high-value educational outreach, utilizing team skills to provide easy learning methodologies and environmental awareness specifically targeted at school children.

1. STRATEGIC CONTEXT AND PURPOSE

This visit demonstrates Anveshane's commitment to delivering direct, positive interventions for **school children** in support homes. The activity aligns directly with the goal of **Empowering children through education** and integrating **environmental consciousness**.

The engagement at Madilu Sevashrama served as a light-touch, high-impact program designed to stimulate young minds and foster a sense of fun and educational responsibility.

2. KEY ACTIVITIES AND EDUCATIONAL OUTCOME

The session was structured around three integrated components, tailored for the school-going age group:

- **Psycho-social Engagement (Fun Games):** The use of fun and interactive games created a relaxed, engaging atmosphere, which is vital for building trust and encouraging active participation.
- **Cognitive Capacity Building (Easy Learning Tips):** The team shared practical, accessible tips and study techniques to improve learning efficiency and memory retention, directly supporting the children's **academic performance**.

- **Environmental Awareness:** Incorporated simple, age-appropriate concepts about the environment, linking the organizational focus on **Environmental Sustainability** to child education.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **Direct Child Impact:** Provided a positive, stimulating, and supportive learning environment for the school children at the Sevashrama.
- **Program Model Validation:** Successfully tested a **zero-cost** educational model that relies solely on volunteer talent and intellectual resources.
- **Aadara Pillar Reinforcement:** Extended the organization's reach into institutions dedicated to child welfare, strengthening the **Aadara (Support to Marginalized)** pillar.

4. CONCLUSION

The engagement session at Madilu Sevashrama was an effective and joyful application of Anveshane's vision, proving that high-quality educational and psycho-social support can be delivered to **school children** through simple, meaningful volunteer action.

Report Prepared by: Anveshane Team





➤ 14th may 2024 : Volunteered at Women's College, Chikkaballapur for college competitions



(MAY 23, 2024) PHILOSOPHICAL FOUNDATION AND INTERNAL CAPACITY BUILDING REPORT: BUDHA JAYANTI

Attribute	Detail
Event Title	Budha Jayanti Celebration and Ideological Discussion
Date	May 23, 2024
Venue	Anveshane Office
Anveshane's Core Focus	Constitutional Values, Inclusivity, Social Justice, Internal Capacity Building
Key Participants	Hrutik, Lakshmi, Sarojamma, Harsha, Sushmitha, Prakasha, Chandru, and Mahendra
Strategic Alignment	Integrating timeless ethical and philosophical principles (Buddha's teachings) with modern social and constitutional values (equity, inclusion) to strengthen the organization's moral mandate.

1. STRATEGIC CONTEXT AND PURPOSE

This internal event continues Anveshane's tradition of self-organized intellectual development (following the Ambedkar Jayanti discussion). The celebration of Budha Jayanti was transformed into a **Vichara Gosthi (Thought Seminar)** focused on linking the principles of the Buddha—such as non-violence, mindfulness, and the rejection of dogma—to the core operational pillars of the NGO.

The primary goal was to deepen the team's understanding of **equity and social justice** by tracing these concepts back to foundational philosophical roots, thereby reinforcing the ethical commitment of every team member.

2. KEY DISCUSSION POINTS AND LEARNING OUTCOMES

The discussion was centered on the following crucial conceptual connections:

- **Buddha's Principles and Social Justice:** The team analyzed how the Buddha's rejection of the caste system and emphasis on compassion and equality directly inform the modern fight for **social justice**.
- **Equity and Equality:** Debated the difference between equality (treating everyone the same) and equity (providing what each person needs to achieve the same outcome), drawing parallels with the Buddhist concept of relieving suffering based on need.



- **Diversity and Inclusion (Sahabalve):** Discussed how the historical openness of the Sangha to people from all backgrounds models the organizational commitment to fostering **diversity and inclusion**.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **Ideological Cohesion:** The shared exploration strengthened the collective philosophical alignment of the team members, crucial for maintaining morale and unified purpose during challenging fieldwork.
- **Zero-Cost Capacity Building:** Demonstrated the effective utilization of intellectual resources within the team to provide high-quality, relevant training without financial expenditure.
- **Ethical Framework:** Established an additional ethical framework, alongside the Indian Constitution, to guide the organization's approach to marginalized communities and systemic issues observed in the field (e.g., Markal Kollur).

4. CONCLUSION

The Budha Jayanti discussion was a successful exercise in internal ethical and ideological strengthening. By connecting ancient wisdom to contemporary struggles for social justice, Anveshane ensured its activism remains grounded in profound principles of compassion and equity.

Report Prepared by: Anveshane Team





(MAY 25-26, 2024) FIELD RESEARCH AND NEEDS ASSESSMENT REPORT: FISHERMEN'S COMMUNITY

Attribute	Detail
Event Title	Fishermen's Community Needs Assessment & Project Strategy
Date	May 25-26, 2024
Location	Google village, Raichur (Field Visit Location); Ansugur, Yadagiri (Target Community)
Anveshane's Core Focus	Aadara (Marginalized Support), Psycho-socio-economic Development, Organizational Excellence (Fundraising)
Key Participants	Anveshane Team Representatives (Including Trustees/Core Team)
Strategic Alignment	In-depth, primary data collection is essential to create an evidence-based, high-quality grant proposal for the Azim Premji Foundation, launching the organization's high-impact Aadara programs in North Karnataka.

1. STRATEGIC CONTEXT AND PURPOSE

This two-day field visit was a critical step in Anveshane's plan to expand its high-impact intervention programs to vulnerable communities in North Karnataka, aligning with our mission of holistic transformation. The primary purpose was twofold:

1. To conduct a **comprehensive, first-hand needs assessment** of the Fishermen's community in the Raichur/Yadagiri region, moving beyond secondary data.
2. To gather **specific, urgent data points** on livelihood, health, and infrastructure issues necessary to develop a compelling and fundable grant proposal (**Project Ashraya**) for the **Azim Premji Foundation**.

2. KEY OBSERVATIONS AND FINDINGS

The in-depth engagement with families revealed a compounded crisis stemming from economic, infrastructural, and social barriers:



A. Livelihood and Economic Instability

- **Precarious Income:** Families suffer from **high financial instability** due to unpredictable fish yields and the critical issue of dam doors being opened without notice, jeopardizing safety and harvest.
- **Infrastructure Gaps:** There is a severe **lack of adequate and good quality equipment** and no **Cold Storage facility** for fish, leading to significant post-harvest losses and depressed market prices.
- **Market Vulnerability:** The community lacks **marketing knowledge and expertise**. Furthermore, the frequent and costly need to buy fishing **nets or webs** strains capital.

B. Health, Well-being, and Social Crisis

- **Addiction and Distress:** High stress from financial insecurity contributes to widespread social issues like **alcoholism and gambling**.
- **Healthcare Failure:** **Public Health Centres (PHCs) are almost always closed**, leaving families without basic medical access.
- **Social Stigma:** The community faces **stigma and discrimination by other villagers** and is often deprived of regular social provisions due to this ostracism.
- **Social Issues:** Observed issues include a lack of awareness about hygiene and government schemes, coupled with the prevalence of **child marriages**.

C. Infrastructure and Education Deficiencies

- **Substandard Housing & Sanitation:** They lack secure **shelter or land for residence**, making them vulnerable. Although household toilets exist, there is a critical need for proper **drainage/sewage and wastewater management systems**.
- **Stalled Development:** The village roads are in **very bad condition**, even though a grant has been sanctioned. This requires political intervention and advocacy.
- **Educational Gap:** There is a strong need for educational support, specifically a **Residential school** for children and an **Evening school for young people** who are school dropouts.

3. ORGANIZATIONAL OUTCOMES AND NEXT STEPS

- **Data Validation:** The visit successfully validated the urgent need for a multi-pronged intervention (economic, health, education, advocacy) as outlined in the subsequent **Project Ashraya** proposal.
- **Proposal Development:** The detailed findings were immediately leveraged to structure the **Problem Statement** and **Project Activities** section of the Azim Premji Foundation grant application, ensuring it is grounded in evidence and community voice.
- **Program Planning:** The needs assessment directly informed the proposed activities, including the plan to set up a **community shop** for wholesale net/ration purchase and the implementation of vocational and evening school programs.

4. CONCLUSION

The May 25th-26th field trip provided Anveshane with the necessary quantitative and qualitative data to move from conceptual planning to high-stakes fundraising. The issues identified in the Google village/Ansugur region—particularly the intersecting crises of unstable livelihood, social distress, and infrastructure failure—confirm the community as a priority for Anveshane's **Aadara** and **Psycho-**

socio-economic Development focus. The subsequent project proposal reflects this rigorous groundwork.







(JUNE 15, 2024) ENVIRONMENTAL EDUCATION AND CAPACITY BUILDING REPORT: CLIMATE WEBINAR

Attribute	Detail
Event Title	Webinar: "Global Heating", "Climate Change: Possibilities and Opportunities"
Date	June 15, 2024
Location	Online (Webinar Platform)
Anveshane's Core Focus	Environmental Sustainability, Education Support, Capacity Building, Youth Engagement
Resource Person	Senior Environmentalist Nagesh Hegde
Key Beneficiaries/Participants	30 Teachers from across Karnataka
Strategic Alignment	Utilizing high-credibility resources to train key educational multipliers (teachers) for exponential knowledge transfer to students on critical climate issues.

1. STRATEGIC CONTEXT AND PURPOSE

This webinar was a strategic intervention to advance Anveshane's **Environmental Sustainability** pillar. Recognizing that direct student engagement can be resource-intensive, the organization chose a high-leverage model: **training the trainers**.

The goal was to equip teachers with current, accurate, and inspiring knowledge about global heating and climate change, framed not just as a crisis, but as a source of "**possibilities and opportunities**". This approach empowers them to integrate these critical topics into their curricula and classroom discussions, thereby reaching thousands of students across the state.

2. KEY DISCUSSION POINTS AND LEARNING OUTCOMES

Nagesh Hegde sir, a highly respected voice in environmentalism, covered core topics including:

- **Understanding Global Heating:** Clarifying the science and local impacts of rising temperatures in Karnataka.



- **Climate Resilience:** Discussing the socio-economic vulnerabilities stemming from climate change (e.g., impact on agriculture, water security).
- **The Role of Education:** Emphasizing how educators can move beyond basic environmental awareness to foster critical thinking and proactive civic engagement among students.
- **Opportunities in the Green Transition:** Highlighting career and innovation opportunities arising from the necessity to shift towards sustainable practices.

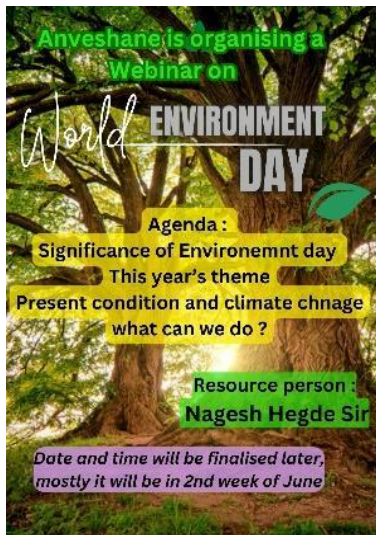
3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **Enhanced Credibility:** Associating Anveshane with a senior figure like Nagesh Hegde significantly raises the organization's profile and legitimacy within environmental advocacy circles.
- **Multiplier Effect:** The participation of **30 teachers** guarantees that the information will be disseminated widely, fulfilling the specific goal of providing knowledge to school children across various regions.
- **Zero-Cost, High-Impact Model:** This digital event achieved broad geographic reach and deep intellectual input without significant overhead costs, perfectly aligning with Anveshane's operational philosophy.
- **Alignment with PaNaSa:** This activity strengthens the ideological and knowledge base required for future collaboration with environmental coalitions like PaNaSa.

4. CONCLUSION

The Climate Change Webinar was a resounding success, efficiently delivering specialized knowledge to a highly influential audience. By focusing on teachers, Anveshane executed a model of **strategic educational capacity building**, ensuring a robust, zero-cost expansion of its environmental impact across Karnataka's educational landscape.

Report Prepared by: Anveshane Team





(JUNE 21-29, 2024) CAPACITY BUILDING AND RURAL IMMERSION REPORT: GRAMYA MANTHAN

Attribute	Detail
Event Title	Gramya Manthan: 9-Day Rural Immersion Program
Date	June 21, 2024 (9-day duration)
Location	Jeevika Ashrama, Jabalpur, Madhya Pradesh
Anveshane's Core Focus	Psycho-socio-economic Development, Advanced Capacity Building, Rural Livelihoods, Aadara (Support to Marginalized)
Participant	Mahendra
Strategic Alignment	Acquiring deep, firsthand knowledge of rural economies, societal structures, and artisan struggles to design context-appropriate and sustainable interventions for communities like the fishermen's colony in Ansugur.

1. STRATEGIC CONTEXT AND PROGRAM OVERVIEW

The Gramya Manthan program represents a major organizational investment in **experiential learning**. Its purpose was to fully immerse a key leader in the daily reality of a village setup, going beyond traditional workshops to witness, learn, and understand rural life from the ground up.

This learning is vital for Anveshane, especially as the organization shifts focus toward marginalized rural groups (such as the fishermen's community in Raichur/Yadagiri) that require intervention strategies based on profound cultural and economic literacy.

2. KEY LEARNINGS AND IMMERSION FOCUS

The 9-day immersion focused on:

- **Livelihood Deep Dive:** Directly observing and participating in the daily cycles of **rural livelihoods**, including agricultural practices, livestock management, and resource utilization.
- **Artisan Economy:** Understanding the challenges, skills, and economic constraints faced by **rural artisans** and traditional workers, which informs potential vocational training and livelihood diversification strategies.
- **Socio-Cultural Dynamics:** Gaining insight into the complex **village set-up**, governance, social stratification, and community mechanisms—knowledge essential for effective grassroots advocacy (like the planned road/PHC advocacy in Ansugur).

- **Program Design Relevance:** Directly correlating the general principles of rural development learned in Jabalpur with the specific needs assessment conducted for the Fishermen's community in North Karnataka.

3. ORGANIZATIONAL IMPACT AND APPLICATION

- **Enhanced Project Design:** The detailed, immersive knowledge acquired ensures that Anveshane's future rural projects (including the Azim Premji grant-funded project) will be **contextually appropriate, culturally sensitive, and highly relevant** to the community's actual needs, avoiding typical NGO pitfalls of 'one-size-fits-all' solutions.
- **Leadership Capacity:** The rigorous training significantly boosts the capacity of Anveshane's leadership to manage and mentor field staff, making interventions more effective.
- **Networking:** The program offers potential opportunities to network with other organizations and practitioners from across India who are focused on rural development, opening doors for future collaborative models.

4. CONCLUSION

The Gramya Manthan immersion program was a pivotal capacity-building exercise for Anveshane. By dedicating nine days to firsthand rural experience, the organization has solidified its commitment to designing high-impact programs that are truly grounded in the realities of the communities they aim to serve. This intensive learning directly supports the execution phase of our planned livelihood and advocacy initiatives.

Report Prepared by: Anveshane Team



GRAMYA MANTHAN

In the Villages of Madhya Pradesh

Mahendra C

28 Years Old

Born and Brought up in Bengaluru

Employed, Anveshane

Philosophy of always learning and helping others within his means

"I am becoming a better human being every day and it's a blessing to resonate with others and genuinely work to improve their situation"



89 likes

youthallianceofindia Youth Alliance is thrilled to welcome the new cohort members of the 16th Edition of Gramya Manthan

They will embark on a Transformational leadership development program, inviting them to take a closer look at the knowledge system and ecology of a region like Madhya Pradesh while focusing on inner transformation, systematic awareness and community development.

A journey of 10 days and beyond will create a community of a lifetime.

Stay tuned as we reveal more cohort members of Gramya Manthan 16th Edition





(JULY 7, 2024) HEALTH AND COMPASSIONATE SERVICE REPORT: HAIR DONATION

Attribute	Detail
Event Title	Hair Donation for Cancer Patients
Date	July 7, 2024
Anveshane's Core Focus	Health & Wellness, Aadara (Support to Marginalized), Zero-Cost Service, Personal Commitment
Participant	Mahendra
Strategic Alignment	Demonstrating compassion and personal commitment to the cause of cancer care and patient dignity, leveraging zero-cost resources for high emotional and practical impact.

1. CONTEXT AND ACT OF COMPASSION

The act of donating hair for cancer patients is a direct, tangible way to support individuals undergoing chemotherapy who often experience significant psychological distress due to hair loss. This initiative aligns with Anveshane's mission to address the **psycho-social well-being** of vulnerable groups.

Mahendra's personal participation highlights the organization's philosophy that social service begins with **personal commitment and sacrifice**, even when resources are scarce (zero-cost model).

2. IMPACT AND OUTCOMES

- **Practical Support:** The donated hair will be used to create high-quality, natural wigs, providing crucial support to cancer patients (likely women and children) and helping restore their self-esteem and dignity during treatment.
- **Organizational Value:** This action reinforces the **Aadara** pillar by focusing on the often-overlooked emotional and aesthetic needs of health-compromised individuals.
- **Zero-Cost Model Success:** This is a prime example of a **zero-cost, high-impact service** that relies solely on volunteer dedication and personal contributions, making it a scalable model for awareness and action.

3. CONCLUSION

The July 7th hair donation is a testament to the humanitarian spirit of Anveshane's leadership. It serves as an inspiration for the entire team and community, showing that profound support for cancer patients can be delivered through simple, compassionate, and deeply personal acts of service.

Report Prepared by: Anveshane Team





(SEP 21-22, 2024) INCLUSIVITY AND SOCIAL HISTORY REPORT: QUEER STRUGGLE IN INDIA

Attribute	Detail
Event Title	Tracing the History of Queer Struggle in India
Date	September 21 - 22, 2024 (2 Days)
Location	(Assumed Venue, Organized by Raahi)
Anveshane's Core Focus	Inclusivity (Sahabalve), Constitutional Values, Advanced Capacity Building
Participant	Mahendra
Strategic Alignment	Deepening organizational knowledge of gender and sexual minority history, struggles, and legal milestones to inform empathetic, rights-based advocacy and psycho-social support.

1. STRATEGIC CONTEXT AND PURPOSE

This two-day program, organized by **Raahi** (a significant organization in the LGBTQIA+ space), was attended to strengthen Anveshane's **Sahabalve** (Coexistence and Harmony) pillar. While Anveshane actively supports the community (as seen in the 2025 Rainbow Habba entry), understanding the **historical and political trajectory** of the queer rights movement is essential for effective, rights-based intervention.

The immersion provided a critical historical perspective, moving beyond contemporary issues to grasp the decades of advocacy, legal battles, and cultural shifts that define the current landscape of queer rights in India.

2. KEY LEARNINGS AND THEMATIC FOCUS

The training program focused on key elements of the struggle:

- **Colonial Legacies:** Detailed history and impact of **Section 377** of the Indian Penal Code and the legal fight for its decriminalization.
- **Legal Milestones:** Exploration of landmark judgments, including the **NALSA judgment (2014)** recognizing transgender persons' rights, and the **Navtej Singh Johar v. Union of India verdict (2018)**.
- **Community History:** Tracing the socio-cultural existence, visibility, and resilience of queer communities in India, moving from historical texts and practices to modern organizing.



- **Contemporary Advocacy:** Understanding current challenges in housing, employment, healthcare, and marriage equality, and the strategies utilized by organizations like Raahi.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

- **Informed Empathy:** The detailed history ensures that organizational members, particularly the leadership, approach community support with profound respect for their struggle and a knowledge of the constitutional ground they stand on.
- **Strengthened Advocacy:** This knowledge directly feeds into Anveshane's **Constitutional Values** focus, enabling more precise and effective advocacy efforts concerning the rights and inclusion of gender and sexual minorities.
- **Collaboration Potential:** Participation strengthens the relationship with key partners in the inclusivity sector, paving the way for future joint projects and shared resource mobilization in the spirit of **Sahabalve**.

4. CONCLUSION

The training on the history of the Queer struggle was a vital capacity-building exercise that reinforces Anveshane's commitment to social justice and comprehensive inclusivity. By grounding its leaders in this history, Anveshane is better equipped to champion the rights and dignity of all marginalized groups under its mission.

Report Prepared by: Anveshane Team





(OCTOBER 15, 2024) MENTAL HEALTH CAPACITY BUILDING REPORT: NIMHANS SANTHE

Attribute	Detail
Event Title	Mental Health Santhe (Mental Health Fair)
Date	October 15, 2024
Location	NIMHANS Convention Center, Bengaluru
Anveshane's Core Focus	Mental Health, Capacity Building, Organizational Excellence, Networking
Participant	Mahendra (for learning and observation)
Strategic Alignment	Acquiring knowledge and understanding of institutional best practices across diverse psychiatric and neurological departments to refine Anveshane's grassroots mental health support strategy.

1. STRATEGIC CONTEXT AND PROGRAM OVERVIEW

The NIMHANS Mental Health Santhe is an event of high professional importance, serving as a platform for the dissemination of mental health awareness, research, and services from India's leading center for neuroscience and mental health. Mahendra attended specifically for **organizational learning** to strengthen Anveshane's existing mental health program, "ಹಗುರಾಗಲೀ ಮನಸ್ಸು" (Mental Health Series), and guide future support activities.

The presence of **stalls from different departments of NIMHANS** offered a holistic view of mental health care, ranging from clinical psychiatry and rehabilitation to public health and social work perspectives.

2. KEY LEARNINGS AND OBSERVATIONS

The primary focus of the visit was to observe, network, and absorb innovative approaches to mental health care:

- **Diversity of Services:** Gaining exposure to the varied and specialized services offered by departments such as psychiatric social work, clinical psychology, community mental health, and de-addiction services.



- **Public Awareness Models:** Observing how a major institution effectively communicates complex mental health concepts to the general public, which can inform Anveshane's own webinar and workshop outreach strategies.
- **Resource Mapping:** Identifying potential collaboration points, resources, and literature that can be integrated into Anveshane's low-cost, grassroots mental health intervention models.
- **Psycho-Social Integration:** Understanding the emphasis placed on psycho-social rehabilitation and community-based support, reinforcing Anveshane's model which focuses on the intersection of mental health and socio-economic development.

3. ORGANIZATIONAL IMPACT AND APPLICATION

- **Program Refinement:** The observations from the Santhe will be used to enhance the content and structure of Anveshane's "ಹುರುಗುಗಲಿ ಮನಸ್ಸು" webinars, ensuring they are aligned with current professional insights and research.
- **Informed Referrals:** Enhanced understanding of NIMHANS's departmental specializations allows Anveshane to provide more **informed and appropriate referrals** for severe cases identified during field work (e.g., in Handi Jogi Colony).
- **Credibility:** The organization's continued effort to engage with premier institutions like NIMHANS demonstrates a commitment to excellence and professional rigor in its service delivery.

4. CONCLUSION

The visit to the NIMHANS Mental Health Santhe was a successful capacity-building exercise, providing invaluable insights into comprehensive mental health care. This learning directly supports Anveshane's goal of delivering high-quality, scientifically informed psycho-social support to the communities it serves.

Report Prepared by: Anveshane Team



12:06 PM

6.7KB/s

NATIONAL INSTITUTE OF MENTAL HEALTH AND NEURO SCIENCES (NIMHANS)
Institute of National Importance, Bengaluru

Department of Mental Health Education
In collaboration with
Psychiatry, Psychiatric Social Work, Nursing, College of Nursing,
Clinical Nursing Services, Integrative Medicine, Clinical Psychology, Psychiatric Rehabilitation Services,
Neuropathology, NIMHANS Centre For Well-Being, Centre for Addiction Medicine, Child and Adolescent Psychiatry and
Psychosocial Support in Disaster Management

presents

Mental Health Sante 3.0

Tuesday | 15th Oct 2024 | 10:00 am to 04:30 pm
NIMHANS CONVENTION CENTRE
NIMHANS, Bangalore - 560029

Supported By : Swacchta Action Plan 2024-25 under the Kayakalp Scheme, MOHFW, GOI

Unite for Mental Health: Together, We Heal






**NATIONAL INSTITUTE OF MENTAL HEALTH AND NEURO SCIENCES
DEPARTMENT OF MENTAL HEALTH EDUCATION**

THE NIMHANS AROGYA JAGRUTHI KENDRA (G5) WILL BE CLOSED UNTIL JUNE 30, 2024 DUE TO ONGOING RENOVATION WORK.

To access our copies of the JEC materials on Various Mental Health & Neurological conditions, Please scan the QR code below:



ಕನ್ನಡ ENGLISH हिन्दी

COME KNOW YOUR SLEEP WITH US !!

Importance of Sleep

REGULARISE PRACTICES

TO HELP WITH REGULARISATION

WANTED

SCAN QR CODES

Centre for Chronobiology Studies, Dept. of Neurophysiology, NIMHANS

Chronic sleep deprivation is widespread in society

Less than 5 hours of sleep per day qualifies as sleep deprivation

Sleep deprivation results in

Decreased:

- Attention
- Reaction time
- Memory
- Mood
- Immune system
- Cardiovascular health

Increased:

- Accidents
- Emotional irritability
- Personality changes
- Headaches
- Diabetes
- Substance abuse
- Cardiovascular dysfunction

STAGES OF SLEEP

Awake Stage 1 Stage 2 Stage 3 and 4 REM sleep

EEG High Low

Level of consciousness High Low

Type of sleep Light Intermediate Slow waves Tonic REM with periods of phasic activity

**Human Sleep Research Laboratory
Department of Neurophysiology
NIMHANS, Bangalore**

Inviting Healthy Volunteers to Enroll in This Sleep (Nap) Research Study

Study Title: Effect of Sleep Spindle Modulation on Cognitive Performance in Patients with Mild Cognitive Impairment: A Nap Study

Participant Criteria

- Age - 20 to 70 years
- Minimum education - Primary Schooling
- No neurological / neuropsychiatric conditions / diagnosed Sleep disorder
- No history of substance abuse / active substance dependence / receiving psychoactive drugs

Measured Parameters

Electroencephalography (EEG)
Electrocardiography (ECG)

Cognitive Task

10-minute computer-based task before and after the nap session

Duration: Approx. 3 hours, including a 90-90 minute nap session in the afternoon

Contact: **Safoora Naaz** (PhD Student)
Phone: 9986801102 Email: safoora.n@nimhans.gov.in

Understanding Causes of Suicide

Mental Health Condition Substance Abuse Traumatic Experiences

Genetic Predisposition Chronic Illness Social Isolation Life Stressors

Family History of Suicide Peer Pressure Financial Difficulties History of Suicide Cultural or Religious Beliefs

Centre for Chronobiology Studies, Dept. of Neurophysiology, NIMHANS

ತಡೆಗಟ್ಟುವಿಕೆ
ದೀರ್ಘಾವಧಿಯ ತಡೆಗಟ್ಟುವಿಕೆ

ಪ್ರಮುಖ ಸೂಚನೆಗಳು: ದೀರ್ಘಾವಧಿಯ ತಡೆಗಟ್ಟುವಿಕೆ, ಮನಸ್ಸಿನ ಸ್ಥಿತಿ, ನಿದ್ರಾ ಕೊರತೆ

ನಿರೀಕ್ಷಿಸಬೇಕಾದ ಸೂಚನೆಗಳು: ದೀರ್ಘಾವಧಿಯ ತಡೆಗಟ್ಟುವಿಕೆ, ಮನಸ್ಸಿನ ಸ್ಥಿತಿ, ನಿದ್ರಾ ಕೊರತೆ

ನಿರೀಕ್ಷಿಸಬೇಕಾದ ಮುಖ್ಯ ಕಾರಣಗಳು: ದೀರ್ಘಾವಧಿಯ ತಡೆಗಟ್ಟುವಿಕೆ, ಮನಸ್ಸಿನ ಸ್ಥಿತಿ, ನಿದ್ರಾ ಕೊರತೆ

Warning Signs of Suicide

- Talking about wanting to die, talk or being hurt or to others
- Expressing feelings of helplessness, worthlessness, or being trapped
- Withdrawing from social connections and activities they once enjoyed
- Excessive mood swings
- Frantic or reckless behavior, such as giving away prized possessions
- Giving away possessions, such as giving away a car
- Alcohol and/or substance abuse

Post-Traumatic Stress Disorder (PTSD)

What is Post-Traumatic Stress Disorder (PTSD)?

PTSD is a disorder that occurs in people who have experienced or witnessed a traumatic event or series of events which may affect the mental, physical and social well-being.

Traumatic or stressful events that can lead to PTSD includes:

- Witnessing or being involved in a violent accident or crime
- Victim of war or natural disaster
- Victim of rape or other types of abuse
- Being kidnapped or terrorist attacks
- Having a life-threatening illness
- Loss of a loved one, whether or not this involved violence

Symptoms of PTSD:

Physical

- Easily frightened
- Changes in sleep and appetite
- Excessive startiness and nervousness
- Extreme exhaustion and other muscle tension

Psychological

- Repeated memories and dreams about the traumatic event
- Having negative thoughts about oneself and the world
- Reduced capacity to remember events related to the trauma
- Feeling emotionally numb and distant

Behavioural

- Withdrawing from family and friends
- Engaging in risky behaviour such as fast driving, using too much alcohol or drugs
- Avoiding general societal subjects that reminds them of the traumatic event

Treatment for PTSD:

- Counseling or psychotherapy will enable to develop better ways of coping in stressful situations
- Medication will help to reduce the symptoms

WELLNESS WEDNESDAYS
Burnout and Fatigue

Burnout and fatigue is a state of mental, physical and emotional exhaustion that occurs when a person experiences long-term stress. It decreases a person's motivation, lowers performance and gives a negative attitude towards oneself and others.

What are the symptoms?

Physical symptoms:

- Extreme tiredness
- Headache or muscle pain
- Changes in appetite or sleep
- Poor immunity

Emotional symptoms:

- Feeling helpless and trapped
- Having self-doubt
- Feeling alone
- Loss of motivation and feelings of negativity
- No sense of achievement

Behavioural symptoms:

- Isolating from friends
- Avoiding responsibilities
- Taking longer time to do things
- Using substance to cope with stress
- Irregularity at work

Few tips you can follow to prevent burnout and fatigue:

- Set a goal and do not overwork yourself.
- Develop friendships with colleagues to help you enjoy your work.
- Take breaks in between work to help you recharge.
- Make time for relaxation such as yoga, meditation and deep breathing.
- Practise healthy habits such as eating healthy foods, getting enough sleep and exercise.
- If you notice yourself experiencing the signs of burnout, consider seeking help from mental health professionals.

The key contact: EMPPOWER Clinic, opposite to CHIC, Creative Building, Phone no: 720076484. Visit the Director's Office, Contact Number: 9846714877.

WELLNESS WEDNESDAYS
SUBSTANCE ABUSE

Substance Abuse is the harmful use of substances such as alcohol, illegal drugs, inhalants, nicotine, tobacco etc. that affects oneself, family and society.

Risk Factors

- Genetic factors such as family history of substance use
- Social pressures such as peer pressure and family issues
- Psychiatric problems such as depression, anxiety and psychosis
- Environmental factors such as exposure to violence or easy access to substance in the community
- Individual personality characters such as abusive behaviour or attitude towards substance

Symptoms

- Poor performance at work
- Avoiding family and friends
- Loss of weight and appetite
- Strong desire to use substance
- Inability to stop using substance
- Sudden changes in mood and behaviour

Treatment

- Medication
- Detoxification
- Self-education
- Counselling and behavioural therapies

Seek immediate treatment from a qualified health professional if you have any signs or symptoms of substance use disorder.

For any help, Visit Empower Clinic (Opp. to CHIC, Creative Building) or Reach out to helpline: 720076484

What protect someone from self-harm and suicide?

There are some factors such as the strength, actions or efforts a person has or can take to reduce the likelihood of attempting or completing self-harm or suicide.

Some personal and environmental factors that can help to guard against suicide are:

- Family, friends and community:** Having supportive family, friends and people in the community can give a sense of belongingness and assistance.
- Cultural beliefs:** Cultural beliefs that discourages suicide can reduce suicidal behaviour.
- Spirituality:** Practicing meditation and prayers gives hope, sense of purpose and reduce the negative attitudes towards life.
- Effective coping and problem-solving skills:** Ability to solve problems effectively and to adjust with life changes will help you to deal with crises of life.
- Effective mental health care services:** Having access to mental care services in the community for getting timely help.
- Financial security:** Feeling safe to provide for the needs of family.
- Remove harmful messages:** Being exposed to the harmful messages of suicide can increase the likelihood of suicide.

If you need help, reach out to us

Empower Clinic (Opp. to CHIC, Creative Building) or Reach out to helpline: 720076484

ವ್ಯಾಯಾಮ, ಯೋಗ ಮತ್ತು ಧ್ಯಾನ ಮಾಡಿ

ಇದು ಒತ್ತಡ, ಆತಂಕ, ಮತ್ತು ದುಃಖವನ್ನು ಕಡಿಮೆ ಮಾಡಿ ವಿಶ್ರಾಂತಿ ನೀಡಬಲ್ಲದು.

ಹವ್ಯಾಸ ರೂಢಿಸಿಕೊಳ್ಳಿ ಮತ್ತು ಕಲಿಯುತ್ತಿರಿ.

ನಿಮ್ಮ ಏಳಿಗೆ ಹಾಗೂ ಕಲನ ಮಾಡಿ ಅದು ಹೆಚ್ಚಿನ ಖಾಷಿಯನ್ನು ನೀಡುತ್ತದೆ.

ಆತ್ಮಹತ್ಯೆಯ ಎಚ್ಚರಿಕೆ ಅಂಶಗಳು

- ನಿರೀತಿಯಿಂದ ದೂರವಿರಲು ಸಹಾಯ ಮಾಡಿ
- ಸಮಸ್ಯೆಗಳನ್ನು ಹಂಚಿಕೊಳ್ಳಿ
- ಸಮಸ್ಯೆಗಳನ್ನು ಎದುರಿಸಲು ಸಹಾಯ ಮಾಡಿ
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- ಸಮಸ್ಯೆಗಳನ್ನು ಎದುರಿಸಲು ಸಹಾಯ ಮಾಡಿ

Common Myths

- Learning disability is an excuse.
- Higher grades, lesser depression.
- Taking a child to therapy is a waste of time.
- Parents are the cause of all childhood concerns.
- Bullying only affect the weak ones.
- Adolescents will be better without friends.
- Bad parenting causes mental conditions in adolescents.
- Children need more punishment than therapy.

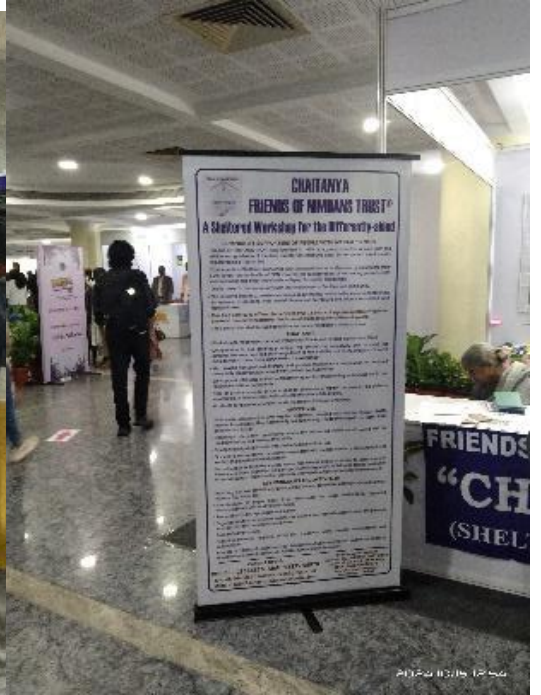
PRIORITIZING MENTAL HEALTH

IDARE PRIVATE LIMITED

KARNATAKA BRAIN HEALTH INITIATIVE (DEPARTMENT OF NEUROSCIENCE)



2024.10.15 12:41



2024.10.15 12:54

U
Sleep pattern changes due to an aging SCN. Insulin/Tc19a1 regions are to sunlight as you age. Less melatonin in the body also affects sleep.

PRACTICE GOOD SLEEP HABITS FOR BETTER LIFE QUALITY !!!

the Power of Sleep

Good sleepers are more productive

1. Sleepers are more productive
2. Sleepers are more creative
3. Sleepers are more resilient
4. Sleepers are more confident
5. Sleepers are more motivated
6. Sleepers are more focused
7. Sleepers are more energetic

★ How many hours should you be getting?

18-19, 17-18, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4

RULES OF HEALTHY SLEEP

1. Do not eat heavy meals before going to bed
2. Do not drink alcohol or caffeine
3. Do not use mobile phones or laptops before going to bed
4. Do not work late hours
5. Do not drink water before going to bed
6. Do not use mobile phones or laptops before going to bed
7. Do not drink water before going to bed
8. Do not drink water before going to bed
9. Do not drink water before going to bed
10. Do not drink water before going to bed
11. Do not drink water before going to bed
12. Do not drink water before going to bed

2024.10.15 13:38

CARE FACTORY

OUR STORY

OUR PROJECTS

HOW WE WORK

100% ... 300 ...

2024.10.15 13:54

ಕೆಳಕಂಡ ವಿಷಯಗಳನ್ನು ಕಲಿಯಿರಿ

ಮನೋವಿಜ್ಞಾನದ ಮೂಲಭೂತ ತತ್ವಗಳು

ಪುಸ್ತಕ ವಿದ್ಯೆ

ಪುಸ್ತಕ ವಿದ್ಯೆ

To Study

2024.10.15 13:40

ಹೀಗೂ ಪ್ರಯತ್ನಿಸಿತ್ತೀರಾ?

ಕಂಚುಕು ಬಳಸಿದಾಗ

ಕಂಚುಕು ನಿಲ್ಲಿಸಿದಾಗ

ವಿಜ್ಞಾನಿ ಲಾಭವೆಷ್ಟು?

2024.10.15 13:57



(OCTOBER 18-21, 2024) COMMUNITY SERVICE AND EDUCATION SUPPORT REPORT: SCHOOL PAINTING

Attribute	Detail
Event Title	Government Primary School Painting and Beautification Drive
Date	October 18 - 21, 2024 (4 Days)
Location	Government Primary School, Pattanagere, Pandavapura, Mandya
Anveshane's Core Focus	Aadara (Support to Marginalized), Education Support, Community Service, Collaboration
Participants	Sushmitha, Mahendra (Volunteers representing Anveshane)
Collaborating Organization	Team Samarpana
Strategic Alignment	Direct, high-effort physical service aimed at creating an inviting and stimulating educational environment for rural students, fostering inter-NGO synergy.

1. CONTEXT AND COLLABORATION

This initiative was undertaken in partnership with **Team Samarpana**, leveraging a shared commitment to improving public infrastructure, particularly in the education sector. Government primary schools in rural areas like Pattanagere often lack the resources for comprehensive maintenance, making volunteer-led renovation crucial.

The activity, which spanned four intensive days, involved the dedicated physical labor of Anveshane's representatives, Sushmitha and Mahendra, in painting and beautifying the school premises.

2. ACTIVITY AND EXECUTION

The volunteering effort focused on the end-to-end process of school painting:

- **Preparation:** Cleaning, scraping old paint, and preparing surfaces for renovation.
- **Painting:** Applying fresh, vibrant paint to classrooms, common areas, and exterior walls.
- **Beautification:** Potentially adding educational murals or decorative elements to make the school more stimulating for children.

The commitment of two core members for four consecutive days highlights Anveshane's philosophy of **hands-on service** and dedication to project completion.

3. IMPACT ON EDUCATION AND COMMUNITY

- **Improved Learning Environment:** A freshly painted, well-maintained school building creates a more positive, welcoming, and safe atmosphere for students and staff, which has been shown to positively influence attendance and learning outcomes.
- **Community Pride:** Such visible renovation projects boost community morale and reinforce the importance of public education facilities.
- **Strengthened Collaboration:** Working alongside Team Samarpana strengthens Anveshane's network, laying the groundwork for future joint projects across the state.
- **Aadara Pillar Fulfilled:** By directly addressing the infrastructural needs of a marginalized, underserved public school, the activity fulfills the commitment to supporting disadvantaged communities.

4. CONCLUSION

The four-day school painting drive at Pattanagere was a highly successful, hands-on demonstration of Anveshane's commitment to service, collaboration, and improving the quality of rural education. The effort transforms a basic public facility into a brighter, more inspiring space for young students.

Report Prepared by: Anveshane Team







(NOVEMBER 14-15, 2024) INCLUSIVITY AND DIGNITY SUPPORT REPORT: BLIND EMPLOYEES EVENT

Attribute	Detail
Event Title	Sports & Cultural Meet for Visually Impaired Government Employees
Date	November 14 - 15, 2024 (2 Days)
Anveshane's Core Focus	Inclusivity (Sahabalve), Aadara (Support to Marginalized), Zero-Cost Service, Dignity and Empowerment
Location	(Assumed Venue, Bengaluru)
Participants	Harsha, Pavan, Mallikarjuna, Hrutik, and Mahendra (5 Core Volunteers)
Strategic Alignment	Providing necessary manpower and assistance to ensure successful and inclusive recreational activities, directly supporting empowerment and celebrating the abilities of employees with visual impairment, timed around World Disabled Day.

1. CONTEXT AND SERVICE DELIVERY

The event, organized for visually impaired government employees to celebrate their organization's anniversary and observe World Disabled Day (Dec 3), focused on fostering community, competitive spirit, and cultural engagement.

Anveshane's role was critical: providing the necessary **manpower (5 volunteers for 2 days)** to ensure the **sports and cultural competitions** ran smoothly and were fully accessible. This is a pure demonstration of the **Zero-Cost Service Model** delivering high-impact, person-centered support.

2. VOLUNTEERING ACTIVITIES AND IMPACT

The team's volunteering efforts were focused on direct assistance, accessibility, and ensuring a dignified experience for participants:

- **Sports Event Facilitation:** Guiding participants, ensuring fair play, retrieving equipment, and providing verbal cues and assistance as needed during adapted sporting events.
- **Cultural Competition Support:** Assisting participants with stage navigation, sound system management, and timekeeping for cultural events (e.g., singing, instrumental music, recitation).





(DECEMBER 16, 2024) SOCIAL JUSTICE AND ADVOCACY REPORT: SHOSHITHA SAMUDAYAGALA MANTHANA

Attribute	Detail
Event Title	Shoshitha Samudayagala Manthana (Deliberation of the Exploited Communities)
Date	December 16, 2024
Anveshane's Core Focus	Constitutional Values, Social Justice, Aadara (Support to Marginalized), Networking
Location	Gandhi Bhavan, Bengaluru
Participant	Mahendra (Representing Anveshane)
Strategic Alignment	Gaining collective, primary knowledge about the interconnected issues faced by various marginalized groups and participating in unified future action planning.

1. CONTEXT AND OBJECTIVE

The **Shoshitha Samudayagala Manthana** brought together leaders and members from various marginalized communities across the region. The primary objectives of the gathering were:

- **Issue Identification:** To discuss and document the specific challenges and forms of exploitation faced by each community.
- **Common Threads:** To identify common structural and systemic issues linking these diverse struggles (e.g., land rights, lack of access to resources, identity recognition).
- **Unified Strategy:** To plan collaborative future actions and strategies for collective progress and empowerment.

2. PARTICIPATION AND LEARNING

Mahendra's attendance served as a critical opportunity for Anveshane to deepen its grounding in social reality:

- **Advanced Policy Input:** Direct engagement with leaders provides granular, on-the-ground context that informs Anveshane's policy literacy and advocacy efforts (Constitutional Values pillar).



- **Networking for Synergy:** Connecting with these leaders facilitates future partnerships, allowing Anveshane to integrate its targeted services (like mental health, education, and livelihood) within a broader, unified movement.
- **Holistic View of Exploitation:** The discussion focused on how issues are interconnected, reinforcing Anveshane's commitment to addressing psycho-socio-economic development holistically, not just in isolated silos.

3. STRATEGIC IMPLICATIONS FOR ANVESHANE

The knowledge acquired directly impacts the organization's strategic planning:

- **Project Ashraya (Fishermen):** Insights into collective organizing and policy advocacy can strengthen the proposed Project Ashraya grant proposal by situating the fishermen's struggle within a wider social justice framework.
- **Mental Health Support:** Understanding the root causes of socio-economic stress for marginalized groups enables Anveshane to tailor its "Haguragalee Manassu" mental health programs to be more culturally sensitive and relevant.
- **Constitutional Advocacy:** The event reinforces the need for rigorous constitutional literacy programs to ensure community members can assert their rights effectively.

4. CONCLUSION

The **Shoshitha Samudayagala Manthana** was a high-value capacity-building and networking event. By participating, Anveshane reaffirmed its solidarity with the most marginalized and ensured its future programs would be designed not just for relief, but for empowerment rooted in collective community planning.

Report Prepared by: Anveshane Team

ಕರ್ನಾಟಕ ಜನಶಕ್ತಿ

ದಲಿತರು, ಅಧಿವಾಸಿಗಳು, ಮಹಿಳೆಯರು, ಅಲ್ಪಸಂಖ್ಯಾತರು, ಅಲೆಮಾರಿಗಳು ಮತ್ತು ಅತಿ ಹಿಂದುಳಿದ ಸಮುದಾಯಗಳ ಮುಂದಿರುವ ಸವಾಲುಗಳೇನು? ಮಾರ್ಗೋಪಾಯಗಳೇನು? ಬನ್ನಿ ಚರ್ಚಿಸೋಣ

ಶೋಷಿತ ಸಮುದಾಯಗಳ ಮಂಥನಾ ಸಮಾವೇಶ

16 ದಿಸೆಂಬರ್ 2024 | ಗಾಂಧಿ ಭವನ, ಬೆಂಗಳೂರು

ಲಠಿಪಟವಾ ಗೋಷ್ಠಿ: 10-11:30
 ಹೋರಾಟದ ಪಾಡುಗಳು: ಜನನ, ಬೆಂಬಲವು ಮುಂತಾದ ಕಲಾ ತಂಡಗಳಿಂದ ಪ್ರಸ್ತಾಪಿಸಿ, ಅಧ್ಯಕ್ಷೀಯ ಮಂಡಳಿ ಸದಸ್ಯರು, ಕರ್ನಾಟಕ ಜನಶಕ್ತಿ ಮತ್ತು ಅತಿಥಿಗಳು: ಎನ್ ವೆಂಕಟೇಶ್, ಸಂಸ್ಥಾಪಕ ಮುಖಂಡರು, ದಸಂಸ.

ಲಠಿಪಟವಾ: ಹೆಚ್ಚು ಹುರುಳೋತ್ತಮ ದಿಳಿಮಾಡಿ, ಹಿರಿಯ ಜನಪರ ಚಿಂತಕರು, ಅಧ್ಯಕ್ಷರು, ಕನ್ನಡ ಅಭಿವೃದ್ಧಿ ಪ್ರಾಧಿಕಾರ ಅಧ್ಯಕ್ಷತೆ: ವಾಸುಧೇವ್, ರಾಜ್ಯಾಧ್ಯಕ್ಷರು, ಕರ್ನಾಟಕ ಜನಾಂದೋಲನ ಸಂಘಟನೆ.

ಗೋಷ್ಠಿ 1: ದಲಿತ - ಅಧಿವಾಸಿ ಸಮುದಾಯಗಳು. 11:30-12:30
 ದಲಿತ ಸಮುದಾಯ: ಡಾ. ಕೆ.ವಿ. ಸೀತಾಪತಿ, ಪ್ರಾಧ್ಯಾಪಕರು, ಕೋಲಾರ.
 ಅಧಿವಾಸಿ ಸಮುದಾಯ: ಮುಕ್ತಯ್ಯ ಚಾಮರಾಜನಗರ, ಅಧಿವಾಸಿ ಹೋರಾಟಗಾರರು.
 ಪ್ಯಾನೆಲ್: ಬೆಂಕಟದಮಣಯ್ಯ, ರಾಜ್ಯಾಧ್ಯಕ್ಷರು, ಅಲೆಮಾರಿ ಸಮುದಾಯಗಳ ಒಕ್ಕೂಟ, ಕಲಿಯುವ ಗುಣಿಮೆ, ರಾಜ್ಯ ಮುಖಂಡರು, ಕರ್ನಾಟಕ ಜನಶಕ್ತಿ, ಒಳ ಮೂಲದಾತಿ ಹೋರಾಟ ಸಮಿತಿ, ಬಸವರಾಜ್ ಕೌಶಲ್, ಪ್ರಧಾನ ಸಂಚಾಲಕರು, ಒಳಮೀಸಲಾತಿ ಹೋರಾಟ ಸಮಿತಿ.

ಗೋಷ್ಠಿ 2: ಮುಖ್ಯವರ್ಗ-ಕ್ಷೇತ್ರ ಸಮುದಾಯಗಳು: 12:30-1:30
 ಮುಖ್ಯವರ್ಗ ಸಮುದಾಯ: ಅನೀಶ್ ಪಾಟಾ, ಓಬರ್ಲೆ ರಾಯಚೂರ್ ಗಿಲ್ಡ್ ಮುಖಂಡರು, ದಾವಣಗೆರೆ.
 ಕ್ಷೇತ್ರ ಸಮುದಾಯ: ರೆಫ್. ಪುನೀತಪ್ಪಾ ಚಂದ್ರ ಪ್ರಸಾದ್, ಪ್ಯಾನೆಲ್: ಸುಧೇಶ್ ಅಪ್ಪಾರ್, ಮಾಜಿ ಡಿಪ್ಯೂಟಿ. ಫಾ. ಅರುಣ್ ಲೂಯಿಸ್ ಅಕಿಮಾರ್ಡ್ ಕೇಂದ್ರ ವೇದಿಕಾರು, ಡಾ. ಕೆ. ಶಂಭು, ಹಿರಿಯ ಸಾಹಿತಿಗಳು.

ಲಠಿಪಟ ದಿವ್ಯಾ: 1:30-2:30

ಗೋಷ್ಠಿ 3: ಮಹಿಳಾ: ಟ್ರಾನ್ಸ್‌ಜೆಂಡರ್ ಸಮುದಾಯಗಳು: 2:30-3:30
 ಮಹಿಳಾ ಸಮುದಾಯ: ಡಾ. ಡಾ. ಸದ್ವತಿ, ಹಿರಿಯ ಹೋರಾಟಗಾರರು, ದಲಿತ ಸ್ತ್ರೀವಾದಿ ಚಿಂತಕರು-ಬಲಹಗಾರರು, ಲಿಂಗತ್ವ ಅಲ್ಪಸಂಖ್ಯಾತ ಸಮುದಾಯ: ದೀಪಾಬಲ್ಲೆ ಹೆಚ್.ವಿ. ಸಂಶೋಧಕರು, ಅಧ್ಯಕ್ಷರು, ಸಮತಾ ಸೋಷ್. ಚಾಮರಾಜನಗರ.
 ಪ್ಯಾನೆಲ್: ಡಾ. ಆರ್. ಸುನಂದಮ್ಮ, ವಿಶ್ವಾಸ ರಿಜಿಸ್ಟ್ರಾರ್ ಅಕ್ರಮಪಾಡದಿ ಮಹಿಳಾ ವಿಶ್ವವಿದ್ಯಾಲಯ, ಮಲ್ಲಿಗೆ ಸರಿಮನೆ, ಪ್ರಧಾನ ಕಾರ್ಯದರ್ಶಿಗಳು, ಕರ್ನಾಟಕ ಜನಶಕ್ತಿ, ಮಜ್ಜಿ ಕುಂಬಾರ್, ಕರ್ನಾಟಕ ಲಿಂಗತ್ವ ಅಲ್ಪಸಂಖ್ಯಾತರ ಒಕ್ಕೂಟ.

ಅತಿಹಿಂದುಳಿದ ಸಮುದಾಯಗಳು: 3:30-4:30
 ಮಂಡನೆ: ಡಾ. ಅರುಣ್ ಚೋದವಳ್ಳಿ, ಪ್ರಾಧ್ಯಾಪಕರು, ಕೆಲಬುರ್ಗಿ.
 ಪ್ಯಾನೆಲ್: ಕೆ.ಎಲ್. ಅಶೋಕ್, ರಾಜ್ಯ ಕಾರ್ಯದರ್ಶಿಗಳು, ಕರ್ನಾಟಕ ಜನಶಕ್ತಿ, ಸವೀನ್ ಸೂರಿಕೆ, ಹಿರಿಯ ಪ್ರಕಟಕಾರರು, ಎನ್. ಇಂದಿರಮ್ಮ ನಿವೃತ್ತ ಪ್ರಾಂಶುಪಾಲರು.

ಸಮಾರೋಹ ಗೋಷ್ಠಿ: 4:30-5
 ಮುಖ್ಯ ಅತಿಥಿಗಳು: ವಿ.ವಿ. ಲಲಿತಾ ನಾಯ್ಕ್, ಮಾಜಿ ಸಚಿವರು, ಪ್ರಗತಿಪರ ಚಿಂತಕರು.
 ಪೌರಾಣಿಕ ಮಹಮ್ಮದ್ ಯೂಸುಫ್ ಕನ್ನಿ, ಹಿರಿಯ ನಾಯಕರು.
 ದೀಪಾ ಎ. ಇಸ್ಮಾಯಿಲ್ ಹಿಂದ್:
 ಸಮಾಜೋಪ ಪಾಟಾ: ಸೂರ್ಯ ಪ್ರಕಾಶ್, ರಾಜ್ಯಾಧ್ಯಕ್ಷರು, ಕರ್ನಾಟಕ ಜನಶಕ್ತಿ.
 ಅಧ್ಯಕ್ಷತೆ: ಕಬ್ಬಿಳಿ ದೀಪ್ತಾ ಹೆಚ್, ಹಿರಿಯ ಪರಿಕರ ಹೋರಾಟಗಾರರು, ತೃಂಗೇರಿ

ಬಾಬಾಸಾಹೇಬ್ ಅಂಬೇಡ್ಕರ್ ಮಹಾ ಪರಿನಿಬ್ಧಾನ ದಿನದ ಸಂದರ್ಭದಲ್ಲಿ ಶೋಷಿತ ಸಮುದಾಯಗಳ ಮಂಥನಾ ಸಮಾವೇಶ

16-12-2024

ಬೆಳಿಗ್ಗೆ 10:30 ರಿಂದ ಸಂಜೆ 5 ಸ್ಥಳ: ಗಾಂಧಿ ಭವನ, ಬೆಂಗಳೂರು.





(DECEMBER 21, 2024) HEALTH AND HYGIENE OUTREACH REPORT: MILANA NGO COLLABORATION

Attribute	Detail
Event Title	Health & Hygiene Awareness and Kit Distribution
Date	December 21, 2024
Anveshane's Core Focus	Health & Wellness, Aadara (Support to Marginalized), Capacity Building, Ethical Practice
Location	Milana NGO Premises
Facilitator/Participants	Mahendra (Facilitator)
Strategic Alignment	Providing essential health resources and critical knowledge to a targeted youth group, reinforcing good hygiene practices, and maintaining ethical standards regarding participant privacy.

1. CONTEXT AND OBJECTIVE

In continuation of the collaboration with **Milana NGO**, Anveshane conducted a focused session aimed at empowering youth group members with essential knowledge on personal health and hygiene. The primary objective was to move beyond theory by immediately providing tangible **health and hygiene kits** to ensure the ability to implement the discussed practices.

2. DISCUSSION ON HEALTH AND HYGIENE

The session, facilitated by Mahendra, focused on practical, actionable topics relevant to the youth demographic, including:

- **Preventive Healthcare:** Simple measures to avoid common seasonal illnesses and infections.
- **Personal Hygiene:** The importance of regular and correct handwashing, dental care, and sanitation routines.
- **Wellness and Self-Care:** Connecting physical health practices to overall well-being and mental health.

The discussion was interactive, aiming to create a comfortable, non-judgmental space for participants to ask questions and share challenges regarding maintaining hygiene in their specific environments.



(DEC 25, 2024) CONSTITUTIONAL VALUES AND YOUTH MOBILIZATION REPORT: AMBEDKAR YOUTH CONFERENCE

Attribute	Detail
Event Title	State-level Ambedkar Right Youth Conference
Date	December 25, 2024
Venue	Ambedkar Bhavan, Bengaluru
Organizer	Ambedkar Youths Federation
Anveshane Participants	Sushmitha, Prakash, and Saleem
Core Focus	Youth mobilization, discussion of constitutional rights, and social justice advocacy in alignment with Ambedkarite principles.
Strategic Alignment	Constitutional Values, Inclusivity (Sahabalve), and Capacity Building.

1. STRATEGIC CONTEXT AND PURPOSE

This state-level conference provided a crucial opportunity for Anveshane to embed itself within the broader movement for constitutional literacy and social justice. The event's focus on "**Ambedkar's Rights**" directly reinforces Anveshane's core mandate of promoting **Constitutional Values** and ensuring **Inclusivity (Sahabalve)** for marginalized communities.

The purpose of Anveshane's participation was dual: **(A) Knowledge Acquisition**—to absorb the latest discourse and strategies for youth rights and social equity; and **(B) Networking and Solidarity**—to strengthen ties with the Ambedkar Youth Federation and other organizations committed to uplifting marginalized sections.

2. KEY PARTICIPATION AND LEARNINGS

The three participants, Sushmitha, Prakash, and Saleem, engaged in the state-level dialogue, ensuring that the knowledge and energy from this high-profile event are brought back to the organization:

- **Youth Advocacy:** Exposure to effective methods of youth mobilization and political awareness in the context of constitutional rights.

- **Inclusivity Deepening:** Gaining a deeper understanding of the struggles and legal frameworks pertaining to caste and community-based rights, which informs Anveshane's future **Aadara (Support to Marginalized)** projects.
- **Organizational Representation:** Establishing Anveshane as an ally and active participant in foundational democratic and rights-based movements.

3. ORGANIZATIONAL OUTCOMES AND IMPACT

Impact Area	Measurable Outcome/Significance
Constitutional Values	Directly informed the team on contemporary interpretations and applications of Ambedkarite principles for social change.
Capacity Building	Enhanced the strategic knowledge base of key participants, preparing them to lead related internal discussions and community projects.
Network Strength	Solidified relationships with major youth-focused social justice organizations in Karnataka.
Resource Efficiency	Secured high-value, foundational political and social education through the zero-cost model of volunteer time and attendance.

4. CONCLUSION AND FORWARD OUTLOOK

Participation in the Ambedkar Right Youth Conference on December 25, 2024, was a strategic investment in Anveshane's mission. It reinforces the organizational identity as a group that actively seeks to translate constitutional principles into practical community action.

Report Prepared by: Anveshane Team









(DECEMBER 27-29, 2024) COMMUNITY SERVICE AND EDUCATION SUPPORT REPORT: SCHOOL PAINTING DRIVE

Attribute	Detail
Event Title	Government School Painting and Beautification Drive
Dates	December 27, 28, 29, 2024 (3 Days)
Anveshane's Core Focus	Aadara (Marginalized Support), Education Support, Community Service, Collaboration
Location	Govt Primary School, Kudukundi, Hassan District
Collaborating Organization	Team Samarpana
Anveshane Team	Sushmitha, Mahendra, Parakasha, Hrutik, Hanamath, Nagaraj, Harsha (7 Volunteers)
Strategic Alignment	Enhancing the learning environment for rural children through physical infrastructure improvement and active collaboration with fellow service organizations.

1. CONTEXT AND OBJECTIVE

This three-day painting drive was Anveshane's second major collaboration with **Team Samarpana** aimed at revitalizing essential educational infrastructure in rural Karnataka. The target was the **Government Primary School in Kudukundi, Hassan**. The primary objective was to improve the aesthetic and physical condition of the school, creating a brighter, more engaging, and cleaner environment conducive to learning for the students.

2. TEAM MOBILIZATION AND EXECUTION

Anveshane deployed a large and dedicated team of seven core volunteers: **Sushmitha, Mahendra, Parakasha, Hrutik, Hanamath, Nagaraj, and Harsha**.

- **Intensive Labor:** Over three days, the team worked collaboratively with Samarpana volunteers on preparatory cleaning, plaster repair, and painting the exterior and interior walls of the school building.
- **High Impact:** The sustained effort by a large team ensured the successful completion of the beautification project within the designated timeframe.



- **Skill Application:** The volunteers utilized organizational skills and physical labor to transform the physical space, directly impacting the quality of the learning environment.

3. COLLABORATION AND COMMUNITY IMPACT

The event highlights the effectiveness of inter-organizational teamwork:

- **Shared Vision:** The partnership with Team Samarpana demonstrates a shared commitment to grassroots educational support, maximizing volunteer effort and resource efficiency.
- **Community Visibility:** By investing significant time and energy into the local school, Anveshane strengthens its relationship with the Kudukundi community and reinforces the importance of education.
- **Direct Beneficiaries:** The primary beneficiaries are the students and teachers, who receive a renewed, inspiring, and dignified space for teaching and learning.

4. CONCLUSION

The three-day school painting drive at Kudukundi, Hassan, was a highly successful and resource-intensive activity. The mobilization of seven dedicated Anveshane volunteers underscores the team's passion for direct community service and capacity for executing large-scale, sustained voluntary work, directly aligning with the **Aadara** (Support to Marginalized) pillar.

Report Prepared by: Anveshane Team





(DECEMBER 31, 2024) NEW YEAR CELEBRATION AND CHILD ENGAGEMENT REPORT: SUKHANKSHA TRUST

Attribute	Detail
Event Title	New Year's Eve Celebration and Calendar Release
Date	December 31, 2024
Anveshane's Core Focus	Aadara (Marginalized Support), Child Engagement, Psycho-social Development, Community Celebration
Location	Sukhanksha Charitable Trust
Anveshane Team	Mahendra (Facilitator and Representative)
Strategic Alignment	Ending the year by fostering hope, dignity, and a positive celebratory environment for marginalized children, and promoting healthy nutritional choices.

1. CONTEXT AND OBJECTIVE

The objective of this visit was to spend quality time with the children at **Sukhanksha Charitable Trust** on New Year's Eve, ensuring they concluded the year with a feeling of joy and importance. The event was designed to be a celebratory and empowering activity focused on the children's contributions and well-being.

2. ACTIVITY HIGHLIGHTS

The day was marked by several high-impact, low-cost activities:

- **Cultural Activities:** The children performed various **cultural activities**, showcasing their talents and boosting their self-confidence in a supportive environment.
- **New Year Calendar Release:** A special **New Year Calendar** was officially released, featuring and celebrating the children or the organization's work, making the children feel recognized and valued.
- **Healthy Celebration:** The celebration consciously incorporated **ragi cake**, emphasizing nutritional health while celebrating the transition into the new year in a "great mode." This element aligns with Anveshane's commitment to holistic well-being.

3. IMPACT AND CONCLUSION

The event successfully provided a heartwarming and positive end to the year for the children at the Trust. **Mahendra's** presence as a representative reinforces Anveshane's dedication to providing psycho-social support and being present for important community moments.

The combination of performance, recognition (calendar release), and celebration ensured the new year was started with a mindset of optimism and dignity.

Report Prepared by: Anveshane Team

